

# HEAVY LIFTING

MMXIX — MMXXII

*Felicia Rice :: Bookwork*

*Poems :: Theresa Whitehill*

*HEAVY LIFTING is a fierce work that names the darkness in the belief that the first stage of recovery from grief is acknowledgement and that the precursor to action can be anger.*

The limited edition artists' book, *HEAVY LIFTING*, is the outcome of a collaboration between poet/designer Theresa Whitehill and artist/printer Felicia Rice of Moving Parts Press. It began in 2019 with an exchange in which a poem sparked a drawing which sparked a poem which led to a book structure, then spiraled back round again. *HEAVY LIFTING* tackles both the personal and public crises of these terrible times. In 2020 Felicia lost her entire letterpress shop of over 40 years to a devastating megafire in the Santa Cruz Mtns. just as the death of George Floyd trained a blazing light on the many deep-seated inequities in this country.



*HEAVY LIFTING* will be published at the end of 2022 in an edition of 50 copies with poems by Theresa Whitehill and prints by Felicia Rice. The book is typeset in Stempel Garamond and Faster One types, and letterpress and relief printed on Arches Watercolor paper by Felicia Rice at Moving Parts Press. The book structure is made up of two nesting accordion-fold panels. It measures 10" x 14.5" and extends to 8.5'. It is housed in a clamshell box built by Craig Jensen. A companion book includes the full suite of poems.

*Price of standard and deluxe editions to be determined. Available by subscription at 10% discount. Please inquire.*

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## HEAVY LIFTING Project in full

### Aim

To share ways of processing our collective and individual crises over the last three years (beginning with covid in 2020) in book form, performance, and dialogue leading to forward thinking about our shared future.

### Elements

1. Artists' book — Case 10.75" x 15.25" x 2", letterpress and relief printed
  - Two nested accordion-fold panels
  - Panel 1 extends to 6'6"
  - Panel 2 extends to 84"
  - Panels end to end extend to 14'10"
2. Companion book — 72 pp, 7.75" x 9.375", commercially printed
  - Full suite of poems by Theresa Whitehill, essays, photos, navigation guide
3. Experimental art film — 10-15 min
  - Audio of HL poems read by multiple performers with live footage of immersive projections of imagery and performers, plus book being handled
4. Publication events
  - Audience engagement to open up conversation circles about collective crises and next steps
  - Series of events: readings and exhibit of book with bookmaking workshops
  - Beginning in Feb '23 with 5 population centers in Mendocino Co.+ Lake Co.
5. Web presence
  - Moving Parts Press website with elements of project and documentation
  - Repository of poetry and video by collaborators, with invitation to others to join