



Information and Referral

Your Link to the Community

Information and Referral

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<http://www.cityofpaloalto.org/information-and-referral>



Table of Contents

1	Emergency and Crisis Information
2	Earthquake Preparedness
3	Winter Storm Preparedness
4	Winter Storm Preparedness Utility Insert
5	Residential Fire Information
6-7	Food and Grocery Programs
8-9	Rental Assistance and Housing
10	Utilities Rate Assistance Program
11	Legal Services
12-14	Employment Training and Placement Resources
15-16	Homeless Shelters, Emergency Housing and Clothing
17	Transportation Resources
18	Marguerite Shuttle Map
19	Child Care Resources
20	Child Care FAQ's
21-25	List of Licensed Child Care Centers
26	Parent Education Opportunities
27	City of Palo Alto Community Services Department
28-29	Recreation Fee Reduction Program
30-31	Community Resources
32	Palo Alto City Library
33	Neighborhood Block Party Flyer
34	Parks and Communities Map
35-36	Senior Services
37-41	Disability Resources
42	Public Education
43-44	Private Education
45	Colleges, Universities, and Adult Learning
46-48	Health Care Services
49-50	Mental Health and Counseling Services
51	Service Clubs
52-53	Neighborhood Associations
54	Quick Reference Directory

Emergency/Crisis Information

Police, Fire, Ambulance– Emergency Only: 911 or Cellphone (650) 321-4433
Non-Emergency– 650-329-2413

Crisis Lines/ Crisis Intervention:

24-Hour Suicide and Mental Health Crisis Line	9-8-8
Contact Cares Crisis Line - Bill Wilson Center	(408) 850-6125
Rape Trauma Services	(650) 692-7273

Emergency Helplines:

Food Connection Hotline – Second Harvest Food Bank	(800) 984-3663
Here4You Shelter Hotline	(408) 385-2400
Opportunity Services Center, LifeMoves	(650) 853-8672
Poison Control Center	(800) 222-1222
Urgent Care Center- Palo Alto Medical Foundation	Adult: (650) 853-2958 Pediatric: (650) 853-6558

Disaster Information:

American Red Cross, Palo Alto Chapter	(650) 688-0415
City of Palo Alto's Office of Emergency Services https://www.cityofpaloalto.org/Departments/Emergency-Services	(650) 617-3197
City Storm and Public Information Hotline	(650) 329-2420
Disaster Safety & Preparation	www.redcross.org/prepare
Emergency Radio Stations:	KCBS 740 AM and KZSU 90.1 FM

Substance Abuse Services:

Al-Anon	(650) 592-7935
Alcoholics Anonymous	(408) 374-8511
Narcotics Anonymous	(650) 802-5950
County of Santa Clara County Substance Use Services	(800) 704-0900

Domestic and Sexual Violence:

Adult Protective Services & Senior Abuse Reporting (24-hour crisis/help line)	(800) 414-2002
Child Abuse Hotline – Santa Clara County Social Services Agency	(833) 722-5437
Family and Children Services of Silicon Valley (Prevention and Survivor Services)	(650) 326-6576
Next Door: Solutions to Domestic Violence	(victim hotline) (408) 279-2962 (general information) (408) 501-7550
SafeChat for those impacted by domestic violence or intimate partner abuse (text helpline)	(833) 488-1236
YMCA of Silicon Valley Domestic Violence/Support Network for Battered Women Crisis Line (English and Spanish)	(800) 572-2782

How to Prepare for an Earthquake

- Identify a safe place in every room with your family- under a sturdy table or desk or against an inside wall where nothing can fall on you.
- Practice **DROP, COVER, and HOLD ON** at least twice a year. Drop under a sturdy desk or table, hold on, and protect your eyes by pressing your face against your arm. If there's no table or desk nearby, sit on the floor against an interior wall away from windows, bookcases, or tall furniture that could fall on you. Teach children to **DROP, COVER, and HOLD ON!**
- Identify with your family an out-of-town and out-of-state family contact.
- Consult a professional to find out additional ways that you can protect your home, such as bolting the house to its foundation and other structural mitigation techniques.
- Take a first aid class from your local Red Cross chapter. Keep your training current.
- Get training on how to use a fire extinguisher from your local fire department.
- Inform babysitters and caregivers of your plan.



Practice with Your Family What to Do When the Shaking Begins:

- **DROP, COVER, and HOLD ON!** Move only a few steps to a nearby safe place. Stay indoors until the shaking stops and you're sure it's safe to exit. Stay away from windows. In a high-rise building, expect the fire alarms and sprinklers to go off during a quake.
- If you are in bed, hold on and stay there, protecting your head with a pillow.
- If you are outdoors, find a clear spot away from buildings, trees, and power lines. Drop to the ground.
- If you are in a car, slow down and drive to a clear place. Stay in the car until the shaking stops.

Practice with Your Family What to Do After the Shaking Stops:

- Check yourself for injuries. Protect yourself from further danger by putting on long pants, a long-sleeved shirt, sturdy shoes, and work gloves.
- Check others for injuries. Give first aid for serious injuries.
- Look for and extinguish small fires. Eliminate fire hazards. Turn off the gas if you smell gas or think it's leaking. (Remember, only a professional should turn it back on)
- **Listen to the radio for instructions - KCBS 740 AM, KZSU 90.1 FM**
- Expect aftershocks. Each time you feel one, **DROP, COVER, and HOLD ON!**
- Inspect your home for damage. Get everyone out if your home is unsafe.

Prepare a Disaster Supplies Kit for Home and Car:

- First Aid Kit with essential medicines; include an extra pair of glasses or contacts if needed.
- Canned food and can opener.
- At least three gallons of water per person.
- Protective clothing, rainwear and bedding or sleeping bags.
- Battery-powered radio, flashlight and extra batteries.
- Special items for infants, elderly or disabled family members.
- Written instructions for turning off gas, electricity, and water.
- Keep a flashlight and sturdy shoes by your bedside.

Visit the City of Palo Alto's Emergency Website at:
<https://www.cityofpaloalto.org/Departments/Emergency-Services>

Winter Storm Preparedness

Palo Alto Flood Alert Information:

Fire/Police (emergency only) 911
(from cellphone) (650) 321-4433
(non-emergency) (650) 329-2413

Blocked Storm Drains, Slides:

Palo Alto Public Works
Weekdays 7a.m. - 4p.m. (650) 496-6974
After hours (650) 329-2413

Fallen Trees

Palo Alto Public Works
Weekdays 7a.m. – 4p.m. (650) 496-5953
After hours (650) 329-2413

Building Inspection & Permits:

Palo Alto Building Division (650) 329-2496

Public Information Hotline (During Emergencies)

(650) 329-2420

Creek Levels:

<https://www.cityofpaloalto.org/Departments/Public-Works/Engineering-Services/Creek-Monitor-Cam>

Santa Clara Water District (408) 265-2600

Debris Boxes & Trash Pick-up:

GreenWaste of Palo Alto (650) 493-4894

FEMA:

(800) 621-3362

Gas Leaks, Sewer Spills:

Palo Alto Communications (650) 329-2579

Hazardous Waste:

Palo Alto Public Works (650) 496-5910

Power Outages & Electrical Problems:

P.A Electric Operations (650) 496-6914

Pumping Basements:

Palo Alto Fire Department (650) 329-2184

Road Conditions:

Palo Alto Public Works (650) 329-2295
Caltrans (800) 427-7623

Turn Gas Back On & Utilities Questions:

Palo Alto Utilities Dispatch (650) 329-2161

Weather Report:

National Weather Service (831) 656-1725



If Flooding is Present or Imminent:

- Stay informed about weather conditions. Use the radio as your primary source of information and instruction.
- Make sure your family and pets are safe. If time permits, move possessions off the floor.
- Do not try to drive across a flooded road. You could become stranded or trapped.
- Report downed power lines, leaking gas lines, or blocked storm drains to the City of Palo Alto immediately.
- Be ready to evacuate if directed by emergency personnel

For more information on current situations, emergency preparedness information and links to related agencies, visit the State of California Governor's Office of Emergency Services at: <https://www.caloes.ca.gov/>

Listen to the radio for instructions - KCBS 740 AM, KZSU 90.1 FM – as your primary source of information.

Visit the City of Palo Alto's Office of Emergency Services Website at:
<https://www.cityofpaloalto.org/Departments/Emergency-Services>

ARE YOU READY FOR WINTER STORMS?

Learn what to do before, during, and after storms of any size to help you stay comfortable and safe.



PROTECT YOUR FAMILY

- Visit cityofpaloalto.org/preparedness for help preparing family emergency plans and kits.
 - ✓ **Make sure your emergency plan includes** pets, neighbors who need extra help, and safe routes to high ground. Keep an emergency kit stocked and handy at home, work, and in the car.
 - ✓ **Emergency kits should include** drinking water, a first aid kit, essential medicines, food (remember special diets and pets), cash, a radio, flashlights and extra batteries stored in a water-tight plastic bag.
- **Turn around, don't drown.** Don't drive through standing water. It may be deeper than you think and your car may stall. Abandon your car if you are stuck in water.
- **Stay informed.** Keep the list of phone numbers on the reverse of this flyer handy on your refrigerator and in your phone.
 - ✓ Sign up at alertssc.com to have local emergency info sent to you via text or email.
 - ✓ Bookmark cityofpaloalto.org/storms for up-to-date local storm information.
- **Stay powered safely.**
 - ✓ In case of undetected gas leaks, use flashlights during a power outage—never lanterns, matches or candles.
 - ✓ Keep generators outside, away from the house and in open air to prevent carbon monoxide poisoning. Never run a generator in your garage or near an open window.



PROTECT YOUR PROPERTY

- **Know your flood hazard area and insure your property sufficiently.** Identify your flood zone designation at cityofpaloalto.org/floodzones. Homeowner insurance policies don't cover flood damage so purchase flood insurance if you are in a high-risk flood area.
- **If your property has been damaged by a storm,** check with the City's Development Center to see if you meet FEMA standards for "Substantial Damage and Improvement." To reach Public Works call (650) 329-2151 ext. 8, or email pwecips@cityofpaloalto.org. For any other questions regarding zoning, setbacks and planning application email planner@cityofpaloalto.org.
- **Clean out roof gutters, downspouts, landscape inlets and swales** to avoid clogged lines that could cause flooding. Downspouts shall drain away from building foundations. Ensure sump pumps are connected and functioning, and garage flood vents are unobstructed so that flood water can flow freely.
- **Build responsibly** and follow building construction codes for any type of construction for your home.
- **Sandbag materials are available** at three Palo Alto locations beginning November 15. See the reverse side of this flyer for locations.



KNOW WHAT TO DO

- **DO NOT TURN GAS BACK ON YOURSELF.** Call City of Palo Alto Utilities for service at (650) 329-2579.
- **Don't handle live electrical equipment in wet areas.** If you have concerns about electrical wiring, power lines or equipment on your property, call (650) 496-6914 to verify the safety.
- **Protect our creeks and Bay.** Call (650) 329-2413 to report hazardous material spills and illegal dumping in storm drains.

Persons with disabilities who require materials in an appropriate alternative format, auxiliary aids, or modifications to policies or procedures to access City meetings, programs, or services should contact the City's ADA Coordinator George Hoyt at (650) 329-2550 or by emailing ADA@cityofpaloalto.org.



Are You Ready for a Residential Fire?

Make Your Home Fire Safe:

- Smoke alarms save lives. Install a smoke alarm outside each sleeping area and on each additional level of your home.
- If people sleep with doors closed, install smoke alarms inside sleeping areas, too.
- Use the test button to check each smoke alarm once a month. When necessary, replace batteries immediately.
Replace all batteries at least once a year.
- Vacuum and dust away cobwebs from your smoke alarms monthly.
- Smoke alarms become less sensitive over time. Replace your smoke alarms every ten years.
- Consider having one or more working fire extinguishers in your home. Get training from the fire department in how to use them.
- Consider installing an automatic fire sprinkler system in your home.



Plan Your Escape Routes:

- Determine at least two ways to escape from every room of your home.
- Consider escape ladders for sleeping areas on the second or third floor. Learn how to use them and store them near the window.
- Select a location outside your home where everyone can meet after escaping.
- Practice your escape plan at least twice a year.

Escape Safely:

- Once you are out, stay out! Call the fire department from a neighbor's home.
- If you see smoke or fire in your first escape route, use your second way out. If you must exit through smoke crawl low under the smoke to your exit.
- If you are escaping through a closed door, feel the door before opening it. If it is warm, use your second way out.
- If smoke, heat, or flames block your exit routes, stay in the room with the door closed. Signal for help using a bright-colored cloth at the window. If there is a telephone in the room, call the fire department and tell them where you are.

For more information on current situations, emergency preparedness information and links to related agencies, visit the State of California Governor's Office of Emergency Services at: <https://www.caloes.ca.gov/>

Listen to the radio for instructions- KCBS 740 AM, KZSU 90.1 FM - as the primary radio stations.

Visit the City of Palo Alto's Office of Emergency Services Website at:
<https://www.cityofpaloalto.org/Departments/Emergency-Services>

Source: American Red Cross- Palo Alto Chapter

Food and Grocery Programs in Palo Alto

Groceries

- Downtown Streets Team Food Closet:** 425 Hamilton Ave, Palo Alto (650) 325-3663
Mon, Tues, Wed, Fri 10 am - 2:30 pm; Thurs 10 am - 12 pm & 1 - 2 pm
- Ecumenical Hunger Program:** 2411 Pulgas Ave., East Palo Alto (650) 323-7781
Monday-Thursday 9 am -12 pm & 2:30 - 5:30 pm
- Jewish Family Community Services Food Bank:** For seniors on a fixed income, (415) 449-3700
adults with disabilities, young families with low incomes, and others facing temporary crisis.
- Palo Alto Community Child Care:** 3990 Ventura Court, Palo Alto (650) 493-2361
2nd and 4th Tuesdays of the month 11am - 1 pm
- South Palo Alto Food Closet:** E. Meadow Dr., Room 9, Palo Alto (650) 494-9310
Available by appointment, email southpaloaltofoodcloset@gmail.com
- St. Andrew's United Methodist Church:** 4111 Alma Street, Palo Alto (650) 493-0900
Fridays 4 - 6 pm
- St. Athanasius Church:** 160 N. Rengstorff Ave, Mountain View (650) 961-8600
2nd and 4th Saturdays 10 am - 12 pm
- WeHOPE:** 1854 Bay Rd., East Palo Alto - Tuesdays 11:30 am - 1 pm (650) 779-4635

Meals

- Ecumenical Hunger Program:** 2411 Pulgas Ave., East Palo Alto (650) 323-7781
Monday-Thursday 12 - 1 pm
- LifeMoves Opportunity Center:** 33 Encina Avenue, Palo Alto (650) 853-8672
Monday-Friday 8:30 - 10:30 am and 12:30 - 2 pm
- St. Anthony's Church:** 3500 Middlefield Rd., Menlo Park (650) 365-9664
Monday-Saturday 11 am - 1 pm
- Streetlife Ministries:** (650) 241-8865
1120 Merrill Street, Menlo Park. Tuesdays and Thursdays 6:45 - 8 pm
2890 Middlefield Road, Palo Alto. Mondays 6:45 - 8 pm
- Mount Olive Apostolic Holy Church:** 605 Hamilton Ave., Menlo Park (650) 630-4639
Monday-Thursday 4 - 6 pm

Food and Grocery Programs in Palo Alto

Seniors

La Comida de California

(650) 322-3742

Provides hot lunches for adults age 60 & above. Meals are free, suggested contribution \$3.

Stevenson House 455 East Charleston: Monday-Friday 11:15 am - 12:15 pm

First United Methodist Church 625 Hamilton Ave: Monday-Friday 11:45 am - 12:15 am

Meals on Wheels: Provides home-delivered meals to homebound seniors.

(408) 350-3200 ext. 4

Operation Brown Bag

(800) 984-3663

Provides a weekly bag of groceries to seniors (ages 60+, 55+ with a disability).

Santa Clara County's Senior Nutrition Program

(408) 755-7680

Provides mid-day group meals at various sites.

Self Help for the Elderly: 550 East Remington, Sunnyvale

(408) 733-1883

Provides a Chinese-style noon meal for seniors age 60 or over.

Monday-Friday, \$3 suggested donation.

1st round seating register in person at 10:30 a.m.

2nd round seating register in person at 11:45 a.m.

Additional Resources

CalFresh: A government program offered through the County of Santa Clara Social Services Agency that offers food vouchers for low-income households.

(408) 758-3800

Food Connection Hotline: Phone referral hotline for those seeking food assistance.

(800) 984-3663

Second Harvest Food Bank: Distributes surplus and non-marketable food to nonprofit agencies that provide meals or food boxes to low-income families and individuals.

(650) 610-0800

Women, Infants, Children (WIC): A Santa Clara County Public Health program that gives free healthy eating support to pregnant people, new parents, and children up to age 5. Services include monthly help to buy health foods.

(408) 792-5101

Affordable Housing

Alta Housing: 725 Alma Street, Palo Alto, (650) 321-9709

Fosters, develops, acquires, rehabilitates and operates affordable housing benefiting low- and moderate-income families, seniors, and the disabled in Palo Alto. Provides onsite educational and wellness programs for residents. Maintains a waiting list for Palo Alto residents/workers for Below Market Rate (BMR) home purchase program.

Eden Housing: 22645 Grand Street, Hayward, (510) 582-1460

Operates affordable housing properties and provides residents services such as education, health, wellness, and economic empowerment programs.

Housing Industry Foundation - Affordable Housing Initiative: info@hifinfo.org

Matches individuals and households who fall in the 50-80% of Average Median Income (AMI) to affordable housing at up to 50% below market rates for up to three years. Special focus on teachers, non-profit professionals and other public workers.

Mid-Peninsula Housing Coalition: 303 Vintage Park Drive, Suite 250, Foster City, (650) 356-2900

Develops and manages low-income and subsidized housing. Persons interested in low-income, Section 8 or subsidized housing must contact the individual property where they wish to rent for information.

Subsidized Housing in Palo Alto

Adlai Stevenson House (Seniors): 455 E. Charleston Road, (650) 494-1944

801 Alma Street (Family): 801 Alma Street, (650) 600-8885

Alma Garden Apartments (Families, Studio): 2507-2533 Alma Street, (650) 813-1369

Alma Place (Single Room Occupancy): 753 Alma Street, (650) 473-9195

Alma Village Apartments (Families): 3445 Alma Street, (650) 858-1101

Alta Tore (Seniors): 3895 Fabian Way, (650) 493-4700

Arastradero Park Apartments (Seniors, Families, Handicapped): 574 Arastradero Road, (650) 493-4376

Barker Hotel (Single Room Occupancy, Handicapped): 439 Emerson Street, (650) 327-5327

California Park Apartments (Families, Handicapped): 2301 Park Boulevard, (650) 321-2730

College Terrace (1 bedroom): 2123 Staunton Court, (650) 326-1240

Colorado Park Apartments (Seniors, Families, Handicapped): 1141 Colorado Avenue, (650) 856-9377

Curtner Apartments (Seniors, Families, Handicapped): 300 & 310 Curtner Avenue, (650) 858-2199

El Dorado Place (Families): 2811-2825 Alma Street; 110-130 El Dorado, (650) 858-1101

Elm Apartments (Seniors, Families, Handicapped): 129 Emerson Street, (650) 858-2199

Emerson House (1-bdrm units): 330 Emerson Street, (650) 858-2199

Emerson North Apartments (Studios): 3051-3061 Emerson Street, (650) 858-2199

Emerson South Apartments (Families, Studios): 3067-3077 Emerson Street, (650) 858-2199

Ferne Apartments (Families): 101-131 Ferne Avenue, (650) 858-2199

Hotel California (Residential Hotel Rooms): 2431 Ash Street, (650) 322-7666

Lytton Gardens (Seniors): 656 Lytton Avenue, (650) 617-7373

Oak Court Apartments (Families, Handicapped): 845 Ramona Street, (650) 326-3211

Subsidized Housing in Palo Alto Cont.

Oak Manor Townhouses (Families, Handicapped): 630 Los Robles Avenue, (650) 858-2199

Page Mill Court (Special Needs): 2700 Ash Street, (650) 322-0149

Palo Alto Gardens (Families, Seniors): 650 San Antonio Road, (650) 494-2225

Plum Tree Apartments (Families): 3020-3038 Emerson Avenue, (650) 858-2199

Sheridan Apartments (Seniors, Disabled): 360 Sheridan Avenue, (650) 326-1240

Tree House Apartments (Studio and 1 bedroom): 488 West Charleston Road, (650) 858-1101

Ventura Apartments (Families): 290 and 310 Ventura Avenue, (650) 858-2199

Waldo Apartments (1 and 2 bedrooms): 3039-3049 Emerson Street, (650) 858-2199

Webster Wood Apartments (Families, Handicapped): 941 Webster Street, (650) 326-9271

Wilton Court (Studio and 1 bedroom): 3705 El Camino Real, (650) 318-6856

Rental & Utilities Financial Assistance

City of Palo Alto Department of Utilities - Project Pledge: (650) 329-2161

Offers a one-time utility bill assistance to Palo Alto residential customers for past due amounts, up to \$750, who have experienced sudden job loss, the death of a spouse, or unexpected substantial medical expenses.

City of Palo Alto Utilities - Rate Assistance Program (RAP): (650) 329-2161

Provides a 25% discount on gas and electricity charges and a 20% discount on storm drain service fees to Palo Alto residential customers. Eligibility is based on either medical need, treatment or medical equipment causes higher than normal utilities consumption, or financial need.

Housing Industry Foundation – Emergency Housing Fund: info@hifinfo.org

Awards emergency aid fund money to low-income individuals/families that are at risk of losing their housing. Only accepts applications from partner agencies. View a list of partner agencies: <https://www.hifinfo.org/about/current-partners/>

Sacred Heart Community Service: Home Energy Assistance Program: (877) 278-6455

Offers a credit to the utility bill of income-eligible residents in Santa Clara County who purchase energy from the City of Palo Alto (as well as other vendors).

Saint Vincent de Paul Society - Saint Thomas Aquinas Conference: (650) 424-8155

Provides rent, utilities, and other emergency assistance to individuals and families in need. For in-person assistance, visit the Pastoral Center located at 3290 Middlefield Road in Palo Alto on Wednesdays from 3-5 p.m.

Santa Clara County Homeless Prevention System: (408) 926-8885

Provides assistance to low-income families or individuals who are at risk of losing their housing, including: temporary financial assistance, legal support, case management and other services. The local provider for Palo Alto is the LifeMoves Opportunity Center (650) 853-8672.

Santa Clara County Housing Authority (SCCHA): (408) 275-8770

Administers two federally funded rental assistance programs, Housing Choice Vouchers (formally known as Section 8) and Property Based Vouchers.



CITY OF PALO ALTO

RATE ASSISTANCE PROGRAM (RAP)

The City of Palo Alto Utilities offers a 25 percent discount to provide financial relief to residents who meet special medical or financial qualifications. **Call the Customer Service Center at (650) 329-2161** for additional assistance. The form can be found online at: <https://www.cityofpaloalto.org/Departments/Utilities/Residential/Utilities-Assistance/Rate-Assistance-Program-RAP>

DISCOUNT BASED ON MEDICAL NEED: You may qualify for a medically-based 25 percent discount on gas, and/or electricity charges if you have a physician's certification supporting the fact that your medical condition, treatment or equipment causes higher than normal utilities consumption.

DISCOUNT BASED ON FINANCIAL NEED: If you are experiencing financial hardship, you may be eligible for a 25 percent discount on gas and electricity charges and 20% on storm drain charges. All customers will qualify if their total monthly or annual household income is equal to or less than the income guidelines described below. Customer's discount eligibility is based on monthly income received in the most current months. Households with Social Security Income (SSI), Temporary Assistance for Needy Families (TANF), and Food Stamp recipients automatically qualify for the discount even if the total household income exceeds the income guidelines described below. However, SSI, AFDC, and Food Stamp recipients are still required to complete an application and attach documentation showing receipt of aid.

Size of Household	Monthly	Yearly
1	\$5,200	\$62,450
2	\$5,950	\$71,400
3	\$6,700	\$80,300
4	\$7,450	\$89,200
5	\$8,050	\$96,350
6	\$8,650	\$103,500
7	\$9,200	\$110,650
8	\$9,800	\$117,750
Each Additional Person Add		\$ 7,150

- Customers who qualify for both the financial and medical discount should apply for the financial discount as it provides the most comprehensive benefits.
- An applicant may not receive a financial or medical discount in conjunction with any other discounts.
- The discount does not apply to the Utility User Tax or towards any other utilities. The Utilities User Tax will be calculated before the discount is applied.
- Applicants may be required to establish eligibility on an annual basis, and it is the responsibility of the customer to notify the Utilities Department should their eligibility change.
- Discount can only be applied to one utility account per customer.
- Proof of income (i.e. paycheck, bank statement, copy of tax return, government aid) for each household member is required for application approval (such as a copy of the prior-year tax return, a prior-year transcript of the "Verification of Non-filing" from the Internal Revenue Service, or a verification of government aid). Please do not send original documents.

Legal Services

Asian Law Alliance: (408) 287-9710

Provides consultation and legal representation on a free or low-cost basis, with a focus on making legal services accessible to Asian/Pacific and low-income people. Services provided in various Asian languages in the areas of housing, public benefits, immigration and deportation defense, domestic violence/victims of violent crimes, and civil rights.

Bay Area Legal Aid: Office (408) 283-3700 | Legal Advice Line (800) 551-5554

Provides legal advice and representation for housing, public benefits, consumer law, and health care access. Clients are low-income individuals and families.

Elevate Community Center: (408) 357-9538

Offers free and low-cost legal services to small businesses and low-income individuals in the areas of criminal record related services, small business-related services, domestic violence and family law, and housing.

Katherine and George Alexander Community Law Center: (408) 288-7030

Santa Clara University law students, under the supervision of supervising attorneys, provide pro bono advice and representation for workers' rights, consumer rights, and immigration rights.

Law Foundation of Silicon Valley: (408) 280-2424

Legal services for housing, children and youth (legal advocates for children and youth), health access for people who identify as living with mental health, developmental disabilities, and/or HIV.

Provides free legal help for healthcare to people experiencing homelessness in Santa Clara County.

Palo Alto Area Bar Association: (650) 326-8322

Provides referrals to local attorneys and offers a free drop-in legal clinic to the Palo Alto community. Association members also participate in the Lawyers in the Library program.

Pro Bono Project of Silicon Valley: (408) 998-5298

Specializes in pro bono cases in family law, domestic violence, and consumer law.

Project Sentinel: (800) 339-6043

Provides housing solutions and community mediation. Palo Alto residents experiencing a dispute between landlords and tenants should directly contact the Palo Alto Mediation Program (650) 856-4062. Services are free and confidential.

Senior Adults Legal Assistance: (408) 295-5991

Provides a range of free legal assistance to Santa Clara County seniors (60 years or older). Areas of expertise include (not limited to) elder abuse, public benefits, housing, skilled nursing/assisted living and alternatives to institutionalization, advance health care directives, and consumer/finance.

Stanford Community Law Clinic: (650) 725-9200

Stanford law students, under the supervision of the clinic instructors, represent clients in housing, social security disability, and criminal record expungement matters.

Step Forward Foundation: (408) 915-8698

Provides free legal consultations, advice, assistance, and in some cases pro-bono legal representation for immigration, family and employment law.

Employment Training and Placement

General

<u>California State Employment Development Department (EDD)</u>	(916) 654-7799
<u>CalJOBS</u>	(800) 758-0398
<u>Center for Employment Training</u>	(408) 534-5360
<u>Goodwill of Silicon Valley Career Development Program</u>	(408) 998-5774
<u>Goodwill of Silicon Valley Career Technical Education</u>	(408) 998-5774
<u>Jewish Vocational and Career Counseling Services</u>	(415) 391-3600
<u>Job Train</u>	(650) 330-6429
<u>North Valley Workforce Board (NOVA) Job Center</u>	(408) 730-7232
<u>Southeast Asian Community Service Center (SEACC)</u>	(415) 885-2743
<u>Work2Future</u>	(408) 749-1101
<u>Vietnamese Voluntary Foundation</u>	(408) 532-7755

Adolescents/Youth

<u>Bill Wilson Center</u> : 693 South 2nd Street, San Jose The Drop-In Center serves youth ages 14-24, services include job readiness training, education support, and mental health services.	(408)925-0231
<u>California Conservation Corp</u> Young adults 18-25 years old, or military veterans up to the age of 29, participate in a wide variety of projects. Participants are offered education opportunities, training, and career pathways.	(800) 952-5627
<u>NOVA Youth Employment Center</u> Helps young adults ages 17-24 to set education goals, explore careers, and find job and volunteer opportunities.	(408) 730-7640
<u>San Jose Job Corps Center</u> Offers youth ages 16-24 training and education, including earning a high school diploma, and helps with job placement.	(408) 254-5627

Seniors

<u>Avenidas</u> As the local provider of senior services, Avenidas can provide general information and referral.	(650) 289-5437
<u>Sourcewise: Senior Employment Services</u>	(408) 350-3200

Employment Training and Placement

Persons with a Disability

AbilityPath

(650) 259-8500

Individual and group placement, and job development.

Ada's Cafe

(650) 327-2327

Hires and trains employees with disabilities in their cafe located at the Mitchell Park Community Center and catering services.

California Department of Rehabilitation- San Jose District Office

(408) 277-1355

Services include the Supported Employment Program, Career Counseling, and Information and Referral Services for Blind, Deaf and Hard of Hearing, and Disabled persons.

California State Employment Development Department (EDD)

(916) 654-7799

Provides access to services so that all job seekers with disabilities receive equal employment opportunities.

Catholic Charities of Santa Clara County: Focus for Work

(408) 325-5285

Assists adults with a mental health diagnosis to find and keep employment. Contact the Department of Rehabilitation or Santa Clara County Behavioral Health Services for a referral.

Deaf Counseling Advocacy and Referral Agency (DCARA)

(510) 343-6670

Provides deaf and hard of hearing job seekers information, resources, and tools to seek and maintain employment.

Goodwill of Silicon Valley: Neurodivergent Pathways

(408) 869-9265

Teaches essential personal and workplace skills for those with a two or four year degree and are underemployed or unemployed.

Goodwill of Silicon Valley: Expandability

(408) 869-9267

Provides individualized employment preparation, life management, job placement, and support services.

Hope Services

(408) 284-2850

Offers job development, placement, and on-the-job coaching for individuals with developmental disabilities and mental health needs. Services provided by referral from a local regional center. The regional center for Santa Clara County is the San Andreas Regional Center.

Kainos

(650) 363-2423

Provides skill building, job placement, and ongoing employment support.

Momentum for Health Employment Services

info@momentumforhealth.org

Services for Santa Clara County residents with a behavioral health diagnosis. Must be referred by a case manager. Contact the Santa Clara County Behavioral Health Services for case management.

Project Hired: Ability at Work

(408) 557-0880

Provides a wide variety of programs including training, resources, and retention support.

Silicon Valley Independent Living Center (SVILC)

(408) 894-9041

Offers independent living skills such as resume writing, interviewing skills, and basic computer skills.

Vista Center for the Blind and Visually Impaired

(650) 858-0202

The Independent Immersion Program provides guidance and orientation, adaptive living skills, assistive technology training, and travel training (orientation and mobility).

Employment Training and Placement

Unhoused

Downtown Streets Team

(408) 899-7350

Offers work experience and support.

LifeMoves Opportunity Center

(650) 853-8672

Case management support, including resources for employment.

Veterans

Goodwill of Silicon Valley Veterans Employment Program

(408) 869-9247

Nation's Finest – Veteran Resource Center

650) 566-0240

NOVA Veteran Services

(408) 730-7232

Clothing

EHP “Clothes Closet”: 2411 Pulgas Avenue, East Palo Alto (650) 323-7781
Distributes clothing, furniture, appliances, and household essentials, such as blankets, sheets, and dishes.

Sacred Heart Community Services “Clothes Closet”: 1381 South First St, San Jose (408) 278-2160
Distributes free clothing, shoes, accessories, and linens Monday, Wednesday, Thursday 9am-4pm;
Tuesday 9am-6pm; Friday 9am-12pm. Families may visit twice per month and take up to 5 items per visit.

St. Anthony's – Clothing Distribution Center: 3500 Middlefield Road, Menlo Park (650) 365-9664
Distributes free clothing 10-11 am 1st & 3rd Wednesdays (women and children) and 1st & 3rd Thursdays (men).

Homeless Shelters and Emergency Housing

Here4You Hotline: 9 a.m. – 7 p.m. (408) 385-2400
Provides referrals for openings at emergency shelters and temporary housing programs

Homeless Prevention Services (408) 786-8538
A countywide network of agencies working together to prevent homelessness. Resources for connecting to services

Shelter Bed Hotline (800) 774-3583
The homeless shelter hotline is available 24-hours a day and has information about Bay Area shelters.

Bill Wilson Center: 3490 The Alameda, Santa Clara (408) 243-0222
Runaway and Homeless Youth Shelter for youth ages 12-17

StarVista Daybreak Shelter: (650) 771-0782
StarVista Office - 610 Elm Street, Suite 212, San Carlos
Transitional housing program for homeless teens aged 16-21

Heart and Home Collaborative: Alternating locations in Palo Alto (650) 600-1555
Seasonal (Nov.-April) shelter for single women

Family Supportive Housing: 692 N. King Road, San Jose (408) 926-8885
Provides a variety of services for overcoming poverty, hunger and homelessness for families with children

LifeMoves - Hotel de Zink: Alternating Locations in Palo Alto (650) 853-8672
Emergency shelter for adult men and women. Access the program by going in-person to the LifeMoves Opportunity Center at 33 Encina Ave., Palo Alto, Monday-Friday 8 a.m.-4 p.m.

LifeMoves - Haven Family House: 260 Van Buren Rd, Menlo Park (650) 325-8719
Interim shelter and services for families

LifeMoves Mountain View: 2500 Leghorn Street, Mountain View (650) 853-8672
Interim housing community, with private units, and services for families and single adults

LifeMoves – Montgomery Street Inn: 358 N. Montgomery Street, San Jose (408) 271-5160
Emergency and transitional housing for single adult men

Homeless Shelters and Emergency Housing, Cont.

LifeMoves – Julian Street Inn: 546 W. Julian Street, San Jose (408) 271-0820
Emergency and transitional housing for adults working to overcome homelessness and severe mental illness

LifeMoves – Villa: 184 South 11th Street, San Jose (408) 271-0685
Interim shelter and services for families and single adult women

LifeMoves – Georgia Travis House: 260 Commercial Street, San Jose (408) 271-1630
Interim shelter and services for families and single adult women

Salvation Army – Emmanuel House: 405 N. 4th Street, San Jose (408) 282-1165
Transitional shelter, homeless shelter for single men

WeHope: 1854 Bay Road, East Palo Alto (650) 330-8000
Emergency and transitional housing for single men and women.

YWCA Crisis Support Line – Sexual Assault, Domestic Violence, Human Trafficking (800) 572-2782
Emergency shelter for individuals and families fleeing or attempting to escape domestic violence.

Drop-in Services

Bill Wilson Drop-In Center: 693 South 2nd Street, San Jose (408) 925-0231
For homeless youth ages 14-25. Services include food, personal care items, access to phones/computers, showers, laundry facilities, housing referrals, mental health services, and counseling. Call for current operating hours.

LifeMoves - Opportunity Center: 33 Encina Ave., Palo Alto (650) 853-8672
Drop-in services for single adults including food, clothing, laundry/shower facilities, and case management. Open Monday-Friday from 8 a.m.-4 p.m.

Free Healthcare Providers

Gardner Health Services: Healthcare for the Homeless Project - various locations (408) 935-3908
Provides preventative and primary healthcare services to homeless individuals, including substance use treatment and counseling, case management, and urgent care referrals.

Peninsula Healthcare Connection - Opportunity Center, 33 Encina Ave, Palo Alto (650) 853-0321
Offers free healthcare and wellness services for people experiencing homelessness and low-income households. Insurance is not required, however private insurance, Medi-Cal, and Medicare insurance are accepted

Stanford Medicine: Arbor Free Clinic - 114 Fifth Ave., Redwood City (650) 724-1332
Provides transitional health care at no charge to underserved population on Sundays from 8-10 am on a first-serve basis. Clients are referred to resources for long-term care

Transportation Resources

Avenidas Door-to-Door

(650) 289-5411

- Low-cost transportation and free essential deliveries for Senior Citizens.
- <https://www.avenidas.org/programs/door-to-door/>

Bay Area Rapid Transit District (BART) Trip Planning Assistance

(510) 465-2278

- www.bart.gov

Caltrain/SamTrans Customer Service

(800) 660-4287

- Caltrain is a commuter rail line that runs from San Francisco down to Gilroy.
- www.caltrain.com or www.samtrans.com

Marguerite Shuttle

(650) 564-3336

- Stanford University's free public shuttle serves both Palo Alto train stations.
- <https://transportation.stanford.edu/marguerite>

511 Merge

511

- 511 Merge Service includes thousands of Bay Area residents looking for carpool partners.
- Merge.511.org

Palo Alto Link

(650) 505-5772

- A City of Palo Alto rideshare service for the Palo Alto area. Wheelchair accessible vehicles are available. Standard fares are \$3.50 per trip with discounts available for youth, seniors, low-income, and disabled fare rides.
- <https://www.cityofpaloalto.org/Departments/Transportation/Palo-Alto-Link>

Ride PVI

(650) 272-5040

- Low-cost transportation for seniors.
- <https://1pvi.org/ridepvi/>

Santa Clara Valley Transit Authority (VTA)

(408) 321-2300

- www.vta.org

Santa Clara Valley Transit Authority – Paratransit

(408) 321-2380

- Provides paratransit, an exterior door-to-door service, to persons who are unable to independently use local bus or light rails services some or all of the time due to physical, visual, or cognitive disabilities.
- <https://www.vta.org/go/paratransit>

Senior Nutrition Mobility Management Program

(408) 755-7680

- Provides free transportation benefits for eligible, registered senior dining program participants to access [meal sites](#) and engage in social interaction with others.
- socialservices.sccgov.org/food-assistance/senior-nutrition-program/transportation-services-older-adults

MARGUERITE SHUTTLE SYSTEM MAP

- Marguerite Stop
- AE-F** Marguerite Line AE-F Stop
- DB** Dumbarton Express Line DB Stop
- U** AC Transit Line U Stop

Weekdays (excluding university holidays)

- X** Line X **Y** Line Y **AE-F** Line AE-F
- C** Line C **P** Line P **SLAC** SLAC
- S** Line S

Weekdays (including Martin Luther King, Jr. Day and winter campus closure)

- RP** Research Park

Weekdays (including university holidays)

- HD** Hospital: Direct **X** Line X Express
- MC** Medical Center **Y** Line Y Express

Daily (excluding university holidays)

Academic Year service (Mid-Sept. - Mid-June)

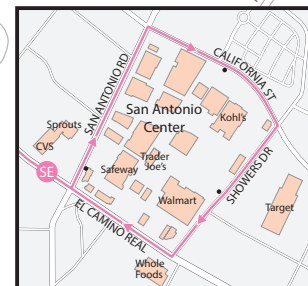
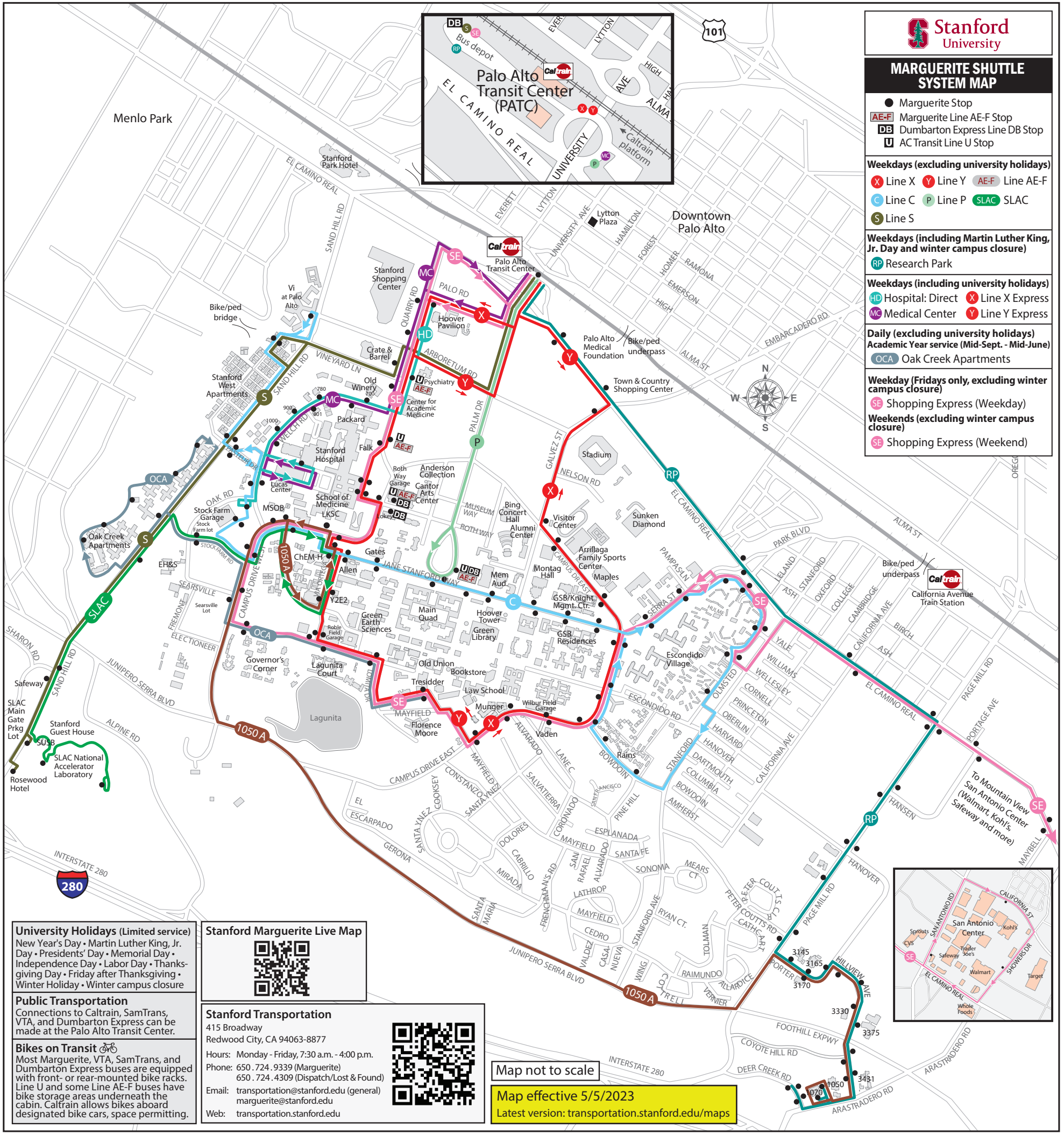
- OCA** Oak Creek Apartments

Weekday (Fridays only, excluding winter campus closure)

- SE** Shopping Express (Weekday)

Weekends (excluding winter campus closure)

- SE** Shopping Express (Weekend)



University Holidays (Limited service)
 New Year's Day • Martin Luther King, Jr. Day • Presidents' Day • Memorial Day • Independence Day • Labor Day • Thanksgiving Day • Friday after Thanksgiving • Winter Holiday • Winter campus closure

Public Transportation
 Connections to Caltrain, SamTrans, VTA, and Dumbarton Express can be made at the Palo Alto Transit Center.

Bikes on Transit
 Most Marguerite, VTA, SamTrans, and Dumbarton Express buses are equipped with front- or rear-mounted bike racks. Line U and some Line AE-F buses have bike storage areas underneath the cabin. Caltrain allows bikes aboard designated bike cars, space permitting.

Stanford Marguerite Live Map



Stanford Transportation

415 Broadway
 Redwood City, CA 94063-8877
 Hours: Monday - Friday, 7:30 a.m. - 4:00 p.m.
 Phone: 650.724.9339 (Marguerite)
 650.724.4309 (Dispatch/Lost & Found)
 Email: transportation@stanford.edu (general)
 marguerite@stanford.edu
 Web: transportation.stanford.edu



Map not to scale

Map effective 5/5/2023
 Latest version: transportation.stanford.edu/maps

Child Care Resources in Palo Alto

Child Care Resource and Referral

<u>City of Palo Alto, Child Care Resources</u>	(650) 463-4906
<u>Palo Alto Community Child Care (PACCC)</u>	(650) 493-2361
<u>Santa Clara County Childcare Resource and Referral</u>	(669) 212-5437

Child Care Licensing

<u>California Department of Social Services (CDSS) - Community Care Licensing Division</u>	
Complaint Hotline	(844) 538-8766
Child Care Advocate Program	(916) 654-1541
Community Care Licensing (CCL) Regional Office	(510) 622-2602
Find Licensed Child Care Facilities -	https://www.cclcd.dss.ca.gov/carefacilitysearch/

Palo Alto Unified School District (PAUSD)

District Office - Main Number	(650) 329-3700
Registration Services (Enrollment)	(650) 329-3707
Pre-School Family Parent Education Program	(650) 856-0833

Child Care Provider Resources

<u>PACCC Provider Connection: Professional Development</u>	(650) 493-2361
<u>CDSS Orientations for New Providers</u>	(510) 622-2602

School Age Child Care Located at PAUSD Sites

<u>Kids Choice After School Care</u>	(650) 656-8170
<u>Palo Alto Community Child Care (PACCC)</u>	(650) 493-2361
<u>Right at School</u>	(855) 287-2466

Stanford Child Care Programs

<u>Stanford University Work-Life Center</u>	(650) 723-2660
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Child Care Subsidy Programs in Palo Alto

<u>Choices for Children</u>	(408) 297-3295
<u>Palo Alto Community Child Care (PACCC)</u>	(650) 493-2361

For more information on child care in Palo Alto, visit the following web sites:

<https://www.cityofpaloalto.org/Departments/Community-Services/Human-Services/Child-Care-Resource>
www.paccc.org

Child Care Frequently Asked Questions and Answers

- **What programs does the City run?**

The City of Palo Alto does not operate any licensed child care programs. The City's Recreation Division does offer classes for preschoolers through its Enjoy! catalog. For more information about these classes call (650) 463-4949.

- **Is PACCC part of the City of Palo Alto?**

No, Palo Alto Community Child Care (PACCC) is a separate non-profit organization which operates licensed child care centers in Palo Alto. PACCC also offers technical assistance, trainings, and support to child care providers through "The Provider Connection," a resource room open to all child care providers. Additionally, PACCC administers the City of Palo Alto's Child Care Subsidy Program, available to income-eligible Palo Alto residents.

- **How do I find out if a particular child care center has had any complaints filed?**

The California Department of Social Services, Community Care Licensing Division is the statewide licensing authority for child care. Parents who are interested in reading through a program's licensing file may do so online or by calling (800) 543-7793. In addition, all child care centers are visited by a Licensing Analyst, who prepares a written report. Recent legislation now requires child care providers to make these licensing reports available to parents if they request it.

- **What is the difference between licensing and accreditation?**

Licensing is a requirement imposed by the state, and mainly focuses on minimum health and safety standards. Accreditation is a voluntary process in which a program participates in a "self study", which is then reviewed by a panel of child care experts. Accredited programs generally far exceed licensing standards, because of the level of detail at which a program is evaluated and rated.

- **Where can I find financial assistance to help pay for my child care?**

There are several options for obtaining financial assistance for child care. Palo Alto residents may participate in the City of Palo Alto's Child Care Subsidy Program if they meet the income guidelines. Call the PACCC Subsidy Coordinator at (650) 493-2361. Non-residents may participate in the Choices for Children Alternative Payment Program which is also based on income eligibility: Contact Choices for Children at (408) 297-3295.

- **I am new to the area and would like to enroll my child in PAUSD schools. What do I do?**

The City of Palo Alto and Palo Alto Unified School District are two separate entities. For information about school enrollment, call the Registration Services at the PAUSD: (650) 329-3707.

- **Is there an after-school program at my child's elementary school where he/she can go in between the time that school lets out and the end of the work day?**

Yes, all twelve elementary schools in Palo Alto offer on-site after-school programs. Space is limited so it is suggested you register as soon as you know where your child will be attending school. For more information about these after-school programs, see the resource & referral listing for school age programs in this Kiosk or call (650) 463-4906.

- **How far in advance must I sign up to get into the child care program of my choice?**

In recent years, the demand for child care in Palo Alto is high, resulting in waiting lists at many centers and family child care homes. Therefore, it is suggested that you begin the application process for the program(s) of your choice as soon as possible. Each child care program has its own enrollment and waiting list process, so it is best to check in with the program on a regular basis until a space becomes available.

- **How do I establish a new child care program in Palo Alto?**

The California Department of Social Services, Community Care Licensing Division is the licensing authority for child care in Palo Alto. They offer orientations for child care start-up. Call (510) 622-2602 to sign up or to obtain a copy of the licensing regulations.

Resource & Referral Listing
Licensed Child Care Centers & Family Homes in Palo Alto

Licensed Child Care

Centers:

Acme Children's Center

4101 El Camino Way
Palo Alto, CA 94306
(650) 800-7450
info@acmeschool.com
www.acmeschool.com
P

**Addison Elementary School
Kids' Club – PACCC**

650 Addison Avenue
Palo Alto, CA 94301
(650) 323-4007
akc@paccc.org
paccc.org
S-A

Amigos de Palo Alto

1611 Stanford Avenue
Palo Alto, CA 94306
(650) 493-4300
info@amigosdepaloalto.co
www.amigosdepaloalto.com
P

**Barron Park Children's Center-
PACCC**

800 Barron Ave
Palo Alto, CA 94306
(650) 856-7559
bpcc@paccc.org
paccc.org
P

**Barron Park Elementary School
Kids' Club – PACCC**

800 Barron Ave
Palo Alto, CA 94306
(650) 856-1220
bpkc@paccc.org
paccc.org
S-A

Barron Park Preschool

3650 La Donna Avenue
Palo Alto, CA 94306
(650) 493-7597
www.barronparkpreschool.com
T/P

**Besse Bolton Kids' Club -
PACCC**

Fairmeadow Elementary School
500 East Meadow
Palo Alto, CA 94306
(650) 856-0847
bbkc@paccc.org
paccc.org
S-A

Bing Nursery School

850 Escondido Road
Stanford, CA 94305
(650) 723-4865
bingschool@stanford.edu
www.bingschool.stanford.edu
NAEYC Accredited
P (Stanford Affiliates Only)

**Bowman School Children's
House**

693 Arastradero Road
Palo Alto, CA 94306
(650) 813-9131
gaggan@bowmanschool.org
bowmanschool.org
P

Building Kidz Palo Alto

415 Lambert Avenue
Palo Alto, CA 94306
(650) 673-3700
www.buildingkidzschool.com
I/T/P

Building Kidz Palo Alto South

569 San Antonia Road
Palo Alto, CA 94306
(650) 966-6400
www.buildingkidzschool.com
T/P/S-A

Casa Del Bambini School Inc.

457 College Avenue
Palo Alto, CA 94306
(650) 473-9401
email@casadeibambini.net
www.cdeib.com
T/P, AMI Accredited

Age Group Key Code

I – Infant
T – Toddler
P – Preschool and/or PreKinder
K – Kindergarten
S-A - School Age

Accreditation Abbreviations

AMI - Association Montessori
International

NAEYC - National Association
for the Education of Young
Children

Challenger School

3880 Middlefield Rd.
Palo Alto, CA 94303
(650) 213-8245
skrishnan@challengerschool.com
www.challengerschool.com
P/K-8

**Children's Center of the Stanford
Community (Parent Co-op)**

140 Comstock Circle
Stanford, CA 94305
(650) 853-3099
keiko@ccscparentcoop.org
www.ccscparentcoop.org
I/T/P (Stanford Affiliates Only)
NAEYC Accredited

Children's Pre-School Center

4000 Middlefield Road, T1
Palo Alto, CA 94303
(650) 493-5770
ollia@cpscstaff.com
www.cpsccares.org
I/T/P

Club J

3921 Fabian Way
Palo Alto, CA 94303
(650) 223-8674
www.paloaltojcc.org/club-j
S-A

Resource & Referral Listing
Licensed Child Care Centers & Family Homes in Palo Alto

College Terrace Center – PACCC

2300 Wellesley
Palo Alto, CA 94306
(650) 858-1580
etc@paccc.org
paccc.org
T/P

Cornerstone Learning Foundation

4243 Manuela Avenue
Palo Alto, CA 94306
(650) 215-0208
enroll@cornerstonelearningfoundation.com
www.cornerstonelearningfoundation.com
P/K/S-A

Country Day Little School

3990 Ventura Court
Palo Alto, CA 94306
(650) 494-8044
countrydaylittleschoolinfo@gmail.com
www.countrydaylittleschool.com
T/P

Covenant Children's Center

670 East Meadow Drive
Palo Alto, CA 94306
(650) 493-9505
cccoffice@covenantchildrenscenter.com
www.covenantchildrenscenter.com
I/T/P

Discovery Children's House

437 Webster St.,
Palo Alto, Ca 94301
(650) 329-8023
dchouse@earthlink.net
www.dchmontessori.com
T/P

Downtown Palo Alto KinderCare

848 Ramona Street
Palo Alto, CA 94305
(650) 473-1100
nfriis@kc-education.com
www.kindercare.com
I/T, P NAEYC Accredited

Downtown Children's Center – PACCC

555 Waverley Street
Palo Alto, CA 94301
(650) 321-9578
dcc@paccc.org
paccc.org
T/P

Duveneck Elementary School Kids' Club - PACCC

705 Alester Avenue
Palo Alto, CA 94303
(650) 328-8356
dkc@paccc.org
paccc.org
S-A

Edgewood House Preschool

493 W. Charleston Rd
Palo Alto 94306
(650) 690-2347
ehs.janessa@gmail.com
www.edgewoodhousepreschool.com
P

El Carmelo Kids' Club – PACCC

3024 Bryant Street
Palo Alto, CA 94306
(650) 856-6150
eckc@paccc.org
paccc.org
S-A

Ellen Thatcher Children's Center-PACCC

505 Charleston Road
Palo Alto, CA 94306
(650) 494-1467
etcc@paccc.org
paccc.org
P

Escondido Elementary School Kids' Club –PACCC

890 Escondido Road
Palo Alto, CA 94305
(650) 855-9828
ekc@paccc.org
paccc.org
S-A

First Congregational Church Nursery School

1985 Louis Road
Palo Alto, CA 94303
(650) 493-1915
info@firstcongonurseryschool.org
firstcongonurseryschool.org
P (Part-Day Only)

First School

625 Hamilton Avenue
Palo Alto, CA 94301
(650) 321-3871
info@firststreet.org
www.firstschool.org
T/P

Grace Lutheran Preschool

3149 Waverley Street
Palo Alto, CA 94306
(650) 493-894
preschool@gracepa.com
www.gracepre.org
P

Greendell Preschool Family

Palo Alto Unified School District
4120 Middlefield Road
Palo Alto, CA 94303
(650) 856-0833
<https://greendell.pausd.org/programs/preschool-family>
I/T, P (Part-Day Only) (Parent Education/Participation)

Guidepost Montessori

930 Emerson Street
Palo Alto, CA 94301
(650) 382-0550
paloalto@guidepostmontessori.com
www.guidepostmontessori.com
T/P

Heads Up! C.D.C

2800 West Bayshore Road
Palo Alto, CA 94303
(650) 424-1221
kkostepen@headsup.org
www.emersonmontessori.com
I/T, P

Resource & Referral Listing
Licensed Child Care Centers & Family Homes in Palo Alto

Hearts and Hands Palo Alto
701 East Meadow Drive
Palo Alto, CA 94303
(650) 800-6870
hhpaloalto@hhpreschool.com
www.hhpreschool.com
T/P

Heffalump School
3990 Ventura Court
Palo Alto, CA 94306
(415) 425-4340
heffalumpschool@gmail.com
www.heffalumpschool.com
P/K

**Hoover Elementary School
Kids' Club- PACCC**
4120 Middlefield Rd.
Palo Alto, CA 94303
(650) 565-8847
hkc@paccc.org
paccc.org
S-A

Hope Technology School
2525 E. Bayshore Rd.
Palo Alto, Ca 94303
(650) 565-8391
tellmemore@hopetech.org
www.hopetechschool.org
T/P/ K-8

Infant/Toddler Center -PACCC
4111 Alma Street
Palo Alto, CA 94306
(650) 493-2240
itc@paccc.org
paccc.org
I/T

**Juana Briones Elementary
School_Kids' Club – PACCC**
4100 Orme Street
Palo Alto, CA 94306
(650)856-3874
jbkc@paccc.org
paccc.org
S-A

**Kids Choice Afterschool Care at
Nixon**
1711 Stanford Avenue
Stanford, CA 94305
(650)656-8170
lscatena@kidschoiceafterschoolcare.org
Kidschoiceafterschoolcare.org
S-A

(The) Learning Center
Paula Evans-Fitch
459 Kingsley Avenue
Palo Alto, CA 94301
(650) 325-6683
info@tlcpaloalto.org
www.tlcpaloalto.org
T/P

Learning Links – AbilityPath
3864 Middlefield Road
Palo Alto, CA 94303
(650) 618-3342
enroll@learninglinks.org
www.learninglinks.org
P

**Leslie Family Preschool at the
Oshman Family Jewish
Community Center**
3921 Fabian Way
Palo Alto, CA 94303
(650) 223-8788
earlychildhood@paloaltojcc.org
www.paloaltojcc.org/preschool
T/P

Lilliput Infant and Preschool
3789 Park Blvd
Palo Alto, CA. 94306
(650) 856-7407
lilliputpaloalto@gmail.com
sites.google.com/view/lilliputininfantpreschool

Montessori School of Los Altos
303 Parkside Drive.
Palo Alto, Ca 94306
(650) 493-7200
Hello@losaltosmontessori.org
www.montessorischooloflosaltos.org
P/K AMI Accredited

Mustard Seed Learning Center
4000 Middlefield Road
Palo Alto, CA 94303
(650) 494-7389
info@mustardseedlearningcenter.org
www.mustardseedlearningcenter.org
P, S-A

**Neighborhood Infant/Toddler
Center – PACCC**
311 N. California Avenue
Palo Alto, CA 94301
(650) 321-3493
nitc@paccc.org
paccc.org
I/T

Odyssey Montessori
100 Addison Street
Palo Alto, CA 94301
(650) 321-2747
www.odysseypreschool.com
T/P

**Ohlone Elementary School
Kids' Club - PACCC**
950 Amarillo Avenue
Palo Alto, CA 94303
(650) 493-0774
okc@paccc.org
www.paccc.org
S-A

**Palo Alto Bilingual Montessori
Academy**
4232 El Camino Real
Palo Alto, CA 94306
(650) 739-0137
info@paloaltomontessoriacademy.com
www.pabilingualmontessori.com
T/P/K

**Palo Alto Friends Nursery
School**
957 Colorado Avenue
Palo Alto, CA 94303
(650) 856-6152
info@pafns.org
www.pafns.org
P, (Part-Day Only)

Resource & Referral Listing
Licensed Child Care Centers & Family Homes in Palo Alto

Palo Alto Montessori School

575 Arastradero Road
Palo Alto, CA 94306
(650) 493-5930
info@pamontessori.com
www.pamontessori.com
P, AMI Accredited

**Palo Verde Elementary School
Kids' Club - PACCC**

3450 Louis Road
Palo Alto, CA 94303
(650) 852-9475
pvkc@paccc.org
paccc.org
S-A

Parents' Nursery School

2328 Louis Road
Palo Alto, CA 94303
(650) 856-1440
info@parentsnurseryschool.org
www.parentsnurseryschool.org
(Parent Co-op)
T/P

**Sojourner Truth Child
Development Center - PACCC**

3990 Ventura Court
Palo Alto, CA 94306
(650) 493-5990 – I/T
stcdc@paccc.org
(650) 493-4733 – P
stcdc-ps@paccc.org
paccc.org

**Stanford Arboretum Children's
Center**

215 Quarry Road
Stanford, CA 94305
(650) 725-6322
allison@icrichild.org
www.icrichild.org
I/T/P (Stanford Affiliates Only)

**Stanford Madera Grove
Children's Center**

751 Olmstead Road
Stanford CA 94305
(650) 721-6632
sally@icrichild.org
www.icrichild.org
I/T/P (Stanford Affiliates Only)

**Stock Farm Road Children's
Center CCLC**

183 Stock Farm Road
Stanford, CA 94305
(650) 736-8465
senchal@icrichild.org
www.icrichild.org
I/T/P, (Stanford Affiliates Only)

**Stanford West Children's
Center**

Operated by Bright Horizons
625 Clark Way
Palo Alto, CA 94304
(650) 723-8700
www.cardinalatwork.stanford.edu
I/T, P (Stanford Affiliates Only)

Stratford School

870 North California Avenue
Palo Alto, CA 94303
(650) 405-1244
pa@stratfordschools.com
www.stratfordschools.com
P/K

Walter Hays Elementary School

Kids' Club - PACCC
1525 Middlefield Road
Palo Alto, CA 94301
(650) 325-5350
whkc@paccc.org
paccc.org
S-A

**(The) Whistle Stop Child
Development Center**

3801 Miranda Avenue, #T-6B
Palo Alto, CA 94304
(650) 852-3497
val@whistle-stop.org
www.whistle-stop.org
I/T, P

(The) Wonder Years Preschool

(managed by Bright Horizons)
991 Commercial Street
Palo Alto, CA 94303
(650) 494-6800
thewonderyearspreschool.pa@gmail.com
www.thewonderyearspreschool.net
T/P

Family Child Care Homes:

Large=14 kids; Small=8 kids
(Licensed Capacity)

**A Bilingual and Multicultural
Home Day Care- Large**

Venus Lara
(650) 714-6173
vlittlestars@gmail.com
<http://www.venuslittlestars.com/>

(The) Frog Pond - Large

Maybeline Gaspay
(650) 857-0126
thefrogponddaycarepa@gmail.com
www.thefrogponddaycare.com

Giggles Home Day Care - Large

Yissela Alvirez
(650) 331-0770
Giggleshomedaycare@hotmail.com

Imagine Daycare - Large

Esther Corona
(650) 739-5962
<https://imaginadaycare.net/>

Imaginemos Oruguitas - Large

(650) 537-8373
www.imaginemosoruguitas.com

Just 4 Kids Child Care - Large

Sorina Prisacaru
(650) 960-5859
info@just4kidschildcare.us
<http://www.just4kidschildcare.us>

Kathy's Day Care- Large

Kathy Lashkari
(510) 304-5859
Kathy_Lashkari@yahoo.com
www.kathysdaycare.net

Resource & Referral Listing
Licensed Child Care Centers & Family Homes in Palo Alto

Little Angels Home Daycare -

Large

Katia Perez Palma

(650) 490-3082 or (650) 283-3805

KatiappL21@hotmail.com

www.littleangelshomedaycare.com

Little Ducks Home Day Care–

Large

Johana Barrenechea

(650) 494-1262

(408) 806- 4794 (cell)

jbfaconi28@hotmail.com

<https://littleducksdaycare.org>

Mi Casita de Español - Large

Amor Terrazas

(650) 468-1788

<https://micasitadeespanol.com>

Mitchie's Home Daycare –

Large

Michelle Maza-Ochoa

(650) 255-6368

Mazamichelle15@yahoo.com

www.mitchieshomedaycare.com

Shuhong Daycare -Small

Shuhong Zhou

(650) 804-9539

shuhongzhou@yahoo.com

Sibel's Family- Large

Nolvia Carcamo

(650) 493-1127

www.sibelsdaycare.com

Sunshine Preschool-Montessori

- Large

Chrystie Tzugaris

& Shawn Felsch

(650) 493-0665

ShawnFelch@yahoo.com

<http://sunshine-preschool.com>

Thumbling Child Care -Large

Mali Chekeni

(650) 326-2695/(650) 223-3771

malichekeni@gmail.com

Tikiland Daycare & Preschool –

Large

(408) 475-6102

tikilanddaycare@gmail.com

www.tikilanddaycare.com

Tiny Toes Home Daycare -

Large

Karla Falconi

(408) 806-0403

Karla.tinytoeshomedaycare@gmail.com

Updated 1/4/24

Parent Education Opportunities

<u>Adolescent Counseling Services</u> Parent education about Youth mental health and addiction.	(650) 424-0852
<u>Blossom Birth Services</u> Pre-natal and newborn support classes and resources.	(650) 321-2326
<u>Children's Health Council</u> Classes and resources for parents of children who need help with learning differences and mental health.	(650) 326-5530
<u>Community Health Awareness Council Family Resource Center</u> Classes for families of children from birth to 5 years old. Partners with First 5 Santa Clara County.	(650) 967-4813
<u>First 5 Santa Clara County</u> - Family resources, events and activities, and parent education	www.first5kids.org
<u>Hand in Hand Parenting</u> Resources, classes, and support groups for families of children birth to 6 years old.	(650) 322-5323
<u>Jewish Family and Children's Services - Parent's Place</u> Parent coaching and workshops for parents, caregivers, and professionals.	(650) 688-3040
<u>Lucile Packard Children's Hospital Family Resource Center</u> Stanford Medicine Children's Health offers comprehensive classes to enhance the lives of parents, children, and caregivers.	(650) 721-0874
<u>Palo Alto Adult School</u> Parenting and family classes, including language development and academic achievement.	(650) 329-3752
<u>Palo Alto Community Child Care</u> Offers workshops, trainings, CPR and reflective discussion groups for teachers.	(650) 493-2361
<u>Palo Alto Council of Parent-Teacher Associations</u> A way for parents to participate in their child's education.	president@paloaltopta.org
<u>Parents Helping Parents</u> Events and resources for parents of children with disabilities.	(408) 727-5775
<u>Parent Venture</u> Parent education events and resources.	(650) 868-0590

Parent Participation Preschools

<u>First Congregational Church Nursery School</u>	(650) 493-1915
<u>Grace Lutheran Preschool</u>	(650) 494-1212
<u>Heffalump Cooperative Preschool</u>	(415) 425-4340
<u>Greendell Preschool Family - Palo Alto Adult School</u>	(650) 856-0833
<u>Palo Alto Friends Nursery School</u>	(650) 856-6152
<u>Parents Nursery School</u>	(650) 856-1440
<u>Whistle Stop Child Development Center</u>	(650) 852-3497

Community Services
Lucie Stern Community Center
1305 Middlefield Road, Palo Alto, CA 94301
Phone: 650-463-4900
Fax: 650-321-5612
csd@cityofpaloalto.org

"Engage, Create, Enjoy!"

Enjoy all that Palo Alto has to offer!

Your Community Services Department offers you dozens of community parks; outstanding classes for adults and kids; 40 miles of hiking trails; a world class 18-hole golf course; fascinating art exhibits; pools, fields and gyms for peak fitness. Whether you're looking for educational activities for your kids, a place to relax or place to explore the world around you, Palo Alto's Community Services Department is proud to offer programs, activities and parks to meet all the needs of your family and to sustain a positive quality of life!

We are a staff that is committed to providing outstanding educational and physical fitness opportunities for the whole family, beautiful and inviting community facilities for your rental needs, and a multitude of exhibits, shows and special events to entertain, inspire and enjoy!

Besides offering the very best array of fun, educational and life-enriching programs that we can provide, there's nothing more important to the Enjoy! Team than your complete satisfaction with our services, programs and activities.

Please send your comments or suggestions on our programs and services to csd@cityofpaloalto.org. We'd love to hear your feedback!

Open Space, Parks and Golf-

Municipal Service Center
3201 East Bayshore Road
Palo Alto, CA 94303
Phone: 650-496-6962
Fax: 650-496-5925
parks@cityofpaloalto.org

Recreation Services and Arts & Sciences

Lucie Stern Community Center
1305 Middlefield Road
Palo Alto, CA 94301
Phone: 650-463-4900
Fax: 650-321-5612
LSCC@cityofpaloalto.org

Human Services Department

Cubberly Community Center
4000 Middlefield Road, T2
Palo Alto, CA 94303
Phone: 650-463-4906
Fax: 650-856-8756
minka.vanderzwaag@cityofpaloalto.org

City of Palo Alto Fee Reduction Program

for Income Eligible and Disabled Residents

City of Palo Alto residents may be eligible for the Fee Reduction Program, which offers a 25% or 50% discount on program fees based on household income. PAUSD students, City of Palo Alto employees, and children of City of Palo Alto employees may also receive these discounts. A \$300 subsidy cap will be applied per eligible youth, persons with disabilities, and seniors over 60 years of age, while eligible adults will enjoy a subsidy cap of \$150. Discounts are available for most Art Center, Children's Theatre, Junior Museum & Zoo, Recreation, and Open Space classes and camps, and Boost! or Teen Center memberships. Palo Alto residents and non-residents*, that are income eligible may apply for a free Foothills Nature Preserve Annual Pass.

Eligibility:

- Residents of Palo Alto who meet the total household income guidelines and are able to provide the documentation required to verify low income and/or disability. If you do not have a tax return, you may provide two additional documents to verify total household income (listed on the application).
- PAUSD students, City of Palo Alto Employees, or children of City of Palo Alto employees. The household must also meet low income guidelines and/or disability qualifications and provide documentation.
- *NON-RESIDENTS APPLYING FOR FOOTHILLS NATURE PRESERVE ANNUAL PASS, only income verification is required. No subsidy cap will be provided for income eligible non-residents.**

Table of Eligibility Based on Maximum Annual Household Income
(Based on Santa Clara County HUD Income Guidelines, FY24)

Size of Household	50% Discount	25% Discount
1	\$62,450	\$96,600
2	\$71,400	\$109,700
3	\$80,300	\$123,400
4	\$89,200	\$137,100
5	\$96,350	\$148,100
6	\$103,500	\$159,050
7	\$110,650	\$170,050
8	\$117,750	\$181,000

Application Process:

Complete application and submit required eligibility verification documentation. Applications and supporting documents can be e-mailed in, mailed in, or dropped off at the Lucie Stern Community Center. Discount is valid for one year. Participants must re-apply annually. Application forms will only be accepted after current discount has expired. **Reductions will only be applied to future registrations.**

Updated 07/23

Fee Reduction Program Application

Please list all family members in your household as well as D.O.B. for anyone under 18 years old or over 60 years old.

Parent/Legal Guardian Full Name:

Parent/Legal Guardian Full Name:

Name and Date of Birth of All Dependents: _____

Address:

City:

Zip Code:

Phone:

Residency Verification - Please provide one of the following:

☐ CA Driver's License

☐ Palo Alto Utility Bill

☐ Lease

☐ Telephone Bill

☐ City of Palo Alto Employee

PAUSD Enrollment Verification

Non-Palo Alto Residents enrolled in a PAUSD school, please provide one of the following:

☐ Report Card

☐ PAUSD Enrollment Verification Letter

☐ PAUSD Free/Reduce Price Lunch Program Documentation*

**if providing PAUSD free/reduced lunch documentation, no additional verification is needed for students participating in the program.*

Annual Household Income Verification

☐ **Required:** Tax Return (showing total Annual Gross Income) from previous year. (Two years if self-employed)

and one of the following:

☐ Current utility bill if a participant of the Utility Rate Assistance Program

☐ Current Social Services Award Letter, or Medi-Cal Card

☐ PAUSD Free/Reduced Price Lunch Program documentation

☐ Two current pay stubs for all current earners

Disability Verification

One document verifying household income and one of the following:

☐ Letter from M.D. or licensed Letter from M.D. or licensed psychologist certifying disability status

☐ Disability documentation from the Department of Motor Vehicles

☐ Current Social Services Award Letter

Applicant Signature:

Date:

Official Use Only:		Valid Thru Date:
25%	50%	Reviewed by:

Community Resources

City of Palo Alto Resources:

Arts and Sciences:

Children's Theatre (650) 463-4930

Cubberley Artist Studio Program (650) 617-3506

Palo Alto Art Center (650) 329-2366

Palo Alto Junior Museum & Zoo (650) 329-2111

Canopy- Community resource for tree planting and care (650) 964-6110

GreenWaste of Palo Alto (650) 493-4894

Human Services:

Information & Referral (650) 463-4906

Childcare Resources (650) 329-2221

Library Services Department (See "Palo Alto City Library" page 30) (650) 329-2436

Open Space, and Parks: (650) 496-6962

Park/picnic reservations (650) 463-4949

Reserve a campsite (650) 329-2423

Palo Alto Golf Course (650) 856-0881

Palo Alto Zero Waste Program (650) 496-5910

Public Works Department (650) 329-2151

Recreation Services: (650) 463-4949

Enjoy Catalog- Registration for City Classes/ Summer Camps (650) 463-4900

Facility Reservations

Cubberley Community Center (650) 329-2418

Mitchell Park Community Center (650) 329-2400

Lucie Stern Community Center (650) 463-4900

Peers Park Field House & Lawn Bowling Green (650) 463-4900

Fields and Tennis Courts (650) 463-4905

Mitchell Park Teen Services (650) 329-2400

Support Services

Respite Care, In-Home Assistance

Sourcewise (Referral to in-home assistance for seniors) (408) 350-3200

Jewish Family and Children's Services (In-home assistance for seniors) (650) 931-1800

PARCA (Developmental disabilities) (650) 312-0730

Pathways – Home Health (888) 978-1306

ViaServices – ViaWest Program (408) 243-7861

Community Resources

Support Groups and Day Services

AbilityPath (Developmental disabilities)	(650) 259-8500
Avenidas Rose Kleiner Center (Daytime care for seniors)	(650) 289-5499
Community Health Awareness Council Family Resource Center	(650) 967-4813
Family and Children Services of Silicon Valley	(650) 326-6576
Greater Opportunities (Developmental disabilities)	(408) 248-4464
Jewish Family and Children's Services	(650) 688-3030
Kinship, Adoptive and Foster Parent Association	(408) 501-6365
La Leche League - Oakland	(510) 545-3840
Las Madres	ContactUs@lasmadres.org
Oshman Family Jewish Community Center	(650) 223-8700
Parents' Club of Palo Alto- Menlo Park	info@pampclub.org
Palo Alto Medical Foundation (PAMF) (Pregnancy, birth, parenting groups, Lamaze & pre-natal groups)	(650) 853-2935
PARCA (Developmental disabilities)	(650) 312-0730
Parents Helping Parents (Support for parents of children with developmental, learning, attention, or health issues)	(408) 727-5775
Peninsula Volunteers (for seniors)	(650) 272-5000
YMCA, Palo Alto Family	(650) 856-9622

Telephone Reassurance

El Camino Hospital Tele-Care (For people who live alone)	(650) 988-7558
Suicide and Crisis Line	9-8-8
Bill Wilson 24/7 Teen Line	(650) 579-0353
Rape Crisis Center YWCA	(855) 278-4204

Volunteering, Community Service

Avenidas Volunteer Corp	(650) 289-5412
El Camino Hospital Auxiliary	(650) 940-7214
Hands on Bay Area (Online matching service for volunteers and non-profits)	(415) 541-9616
Midpeninsula Community Media Center (Public access cable TV station)	(650) 494-8686
Palo Alto Online (Online community information resource)	(650) 326-8210
St. Anthony's Padua Dining Room	(650) 365-9664
Volunteer Match	www.volunteermatch.org
YMCA, Palo Alto Family	(650) 856-9622
Youth Community Services (YCS)	(650) 858-8019

City of Palo Alto Library

Children's Library

1276 Harriet Street

Tues-Thurs, & Sat: 10 a.m. –6 p.m.

College Terrace Library

2300 Wellesley Street

Tues-Sat: 10 a.m.-6 p.m.

Downtown Library

270 Forest Avenue

Tues-Sat: 10 a.m.-6 p.m.

Mitchell Park Library

3700 Middlefield Road

Mon-Thurs: 10 a.m.-9 p.m.

Fri-Sun: 10 a.m.-6 p.m.

Rinconada Library

1315 Newell Road

Mon, Tues, Wed, Fri, Sat, Sun:

10 a.m.-6 p.m.

Thurs: 12-8 p.m.

Contact:

Online: <https://library.cityofpaloalto.org>

Email: pa.library@cityofpaloalto.org

Phone: (650) 329-2436

Volunteer:

Volunteers enable the libraries to provide diverse collections and services on a daily basis. To apply, fill out the volunteer application form from the [library website](#) and return it to one of the Palo Alto Libraries.

Friends of the Palo Alto Library (FOPAL):

FOPAL is a member-supported non-profit organization dedicated to supporting the Palo Alto Public Library users through volunteerism, book sales, and advocacy. (650) 213-8755

Upskill:

With your library card, you can access online learning platform: LinkedIn Learning, Coursera, Skillshare, GetSetup, Northstar, and Learning Express.

Teen Library Advisory Board (TLAB):

Are you in Grades 8-12 and have a passion for reading or libraries?

Consider joining TLAB by emailing LibraryTeens@cityofpaloalto.org

Book Clubs: check online for upcoming meetings <https://library.cityofpaloalto.org/book-clubs/>

Brown Bag Book Club - Meets monthly and reads a mix of fiction and nonfiction titles. Online event.

Graphic Novel Book Club - Monthly book discussion on a graphic novel selected by the group! This program is for readers age 16 and up. Mitchell Park Library.

Stay Woke: A Social Justice Book Club - Read and respectfully discuss books around social justice and politically relevant themes, with the aim of creating community and connection. Online event.

Pageturners - The group discusses fiction, nonfiction, biography and memoir. They meet monthly at the Rinconada Library.

Storytimes: check online for times and locations

Family Storytime –Come sing, rhyme, and read stories with us! While this storytime will be geared towards those older than 2 years, all ages are welcome!

Little Ones Storytime –Storytime includes a variety of early literacy activities such as stories, songs, rhymes, and movement activities. This program is targeted to children under the age of two and their caregivers.

For all library events, check-out the online events calendar:

<https://paloalto.bibliocommons.com/v2/events>

NEIGHBORHOOD BLOCK PARTY



Celebrate and honor the bonds of genuine care and respect that build YOUR neighborhood. Block parties are a great way to welcome new neighbors, meet some old-time residents and build connections within the community.

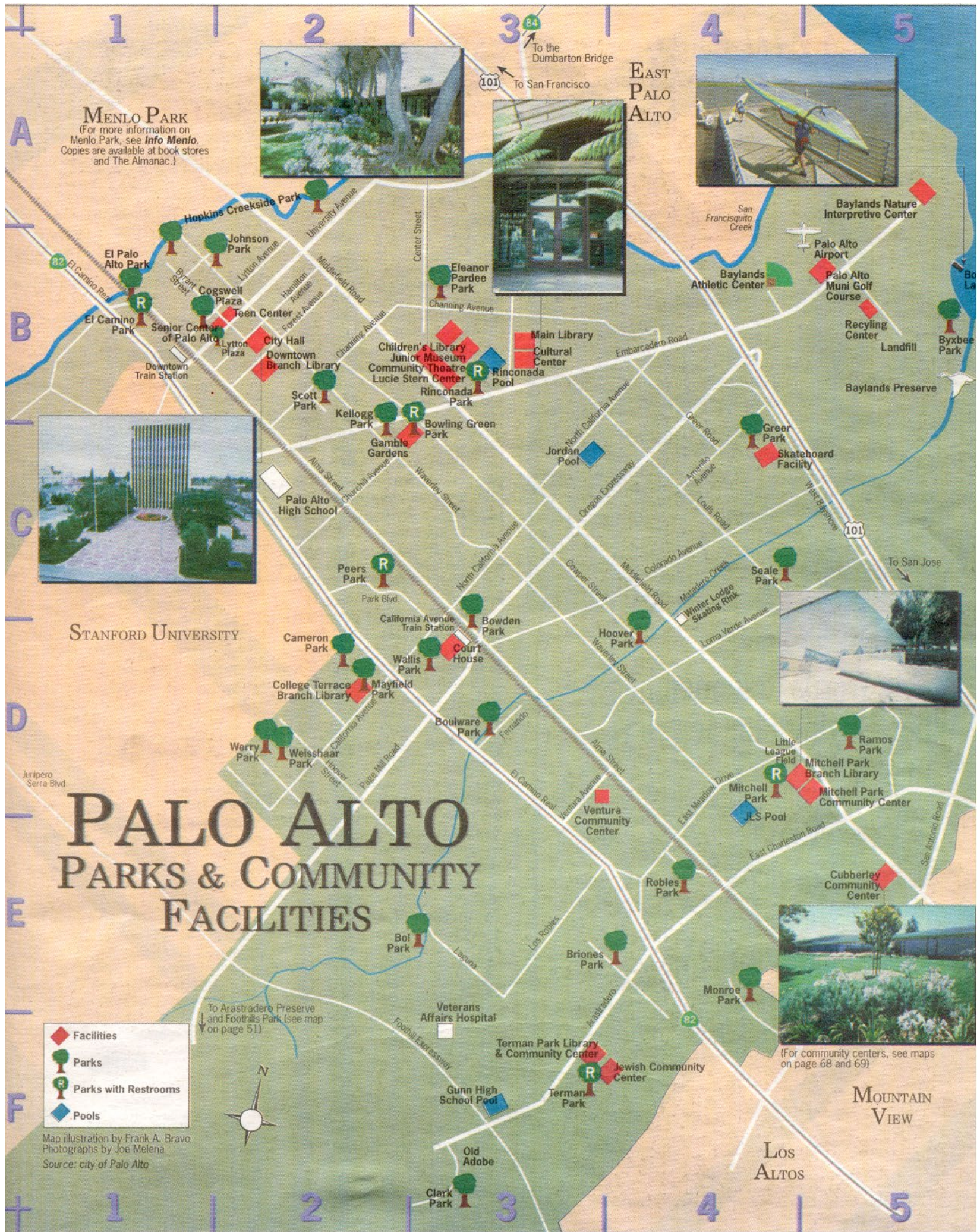
What you need to do:

- Plan the event.
 - Choose what date and time of day.
 - Select which block you would like to close off.
 - Decide what you will use to close off the street to vehicle traffic.
 - Pick what activities you will have.
 - Divide up the task.
- Obtain the consent of a majority of owners/residents/tenants of the closed off area.
- Read and fill out the application for a Class B Temporary Street Closure.
<https://www.cityofpaloalto.org/files/assets/public/police-department/community-involvement/block-party-permit-application.pdf>
- Return the application to the Police Department at least 10 days before the event.
- Publicize the event.
- Start building neighborhood memories!

Reminders:

- You cannot close off more than 1 block.
- At least 2/3 of the area must be residential zone.
- A majority of the owners/residents/tenants must consent to the closure and event.
- You must reopen the street before dusk. There are no permits for times of darkness.
- You must provide and remove the barriers and warning signs to close the street safely. Do not use vehicles or objects that are not easily movable in case of an emergency.
- Remember, when you set up tables and chairs on the street, that emergency vehicles may need to have access to the area, so leave room.
- You will be responsible for cleaning up and collection and removal of trash, garbage and litter resulting from the event.
- You must comply with Palo Alto's Noise Ordinance. No waivers will be granted.
- Alcohol is only permitted on private property, not on City streets or in parks. No alcoholic beverages may be sold.
- Residents should observe security precautions, for example lock back doors to houses and keep equipment in sight.

So gather a couple neighbors, pick a date, start planning and invite everyone to join in!



Senior Services

Alta Housing 725 Alma Street, Palo Alto (650) 321-9709
Fosters, develops, acquires, rehabilitates, and operates affordable housing, including Sheridan Apartments, an affordable complex for seniors.

Avenidas 450 Bryant Street, Palo Alto (650) 289-5400
Case management, adult day health, housing counseling, peer counseling, caregiver support, home repair, health screening, transportation, training, assisted living, information & referral, and enrichment services.

Catholic Charities 2625 Zanker Road, San Jose (408) 468-0100
Provides ombudsman care for seniors in long term care residences, transportation for adults with disabilities, a variety of social opportunities for all seniors, and serves hot meals at select locations.

Charities Housing San Jose 1400 Parkmoor Avenue, Suite 190, San Jose (408) 550-8300
Manages and develops affordable housing, including Belovida Santa Clara and The Veranda, affordable apartment complexes for seniors.

City of Palo Alto, Community Services Department 1305 Middlefield Road, Palo Alto (650) 463-4900
Health maintenance, enrichment services and personal improvement.

Jewish Family and Children's Service
Koret Family Resource Center, 200 Channing Ave, Palo Alto (415) 449-3700
Services include home care, care management, palliative care, fiduciary services, money management, dementia care, skilled nursing, futures program, healthcare advocacy, counseling, caregiver support.

La Comida de California 455 East Charleston Road, Palo Alto (650) 322-3742
Serves hot, nutritious lunches Monday – Friday in the Main Dining Room at Stevenson House and to-go boxes at the Methodist Church (625 Hamilton Ave, Palo Alto). Participants must be 60 and older and their caregivers. \$3.00 suggested donation.

Meals on Wheels - County of Santa Clara Social Services Agency (408) 350-3200 ext. 4
Provides home-delivered meals to homebound seniors.

Oshman Family Jewish Community Center 3921 Fabian Way, Palo Alto (650) 223-8700
Daytime and senior programs include community concerts, day trips and excursions, and virtual programs.

Palo Alto Unified School District, Adult School
50 Embarcadero Road, Room #P11, Palo Alto (650) 329-3752
Provides a large variety of accessible and flexible programs for adults in the community

Pathways Home Health, Hospice & Continuous Care
585 North Mary Avenue, Sunnyvale (888) 978-1306
Manages home care and hospice services.

Peninsula Volunteer Inc. (PVI) 800 Middle Avenue, Menlo Park (650) 272-5000
Provides a range of activities and supports for seniors. The Little House program offers a variety of health and wellness services through fitness classes, art activities, educational lessons, and more. The Rosener House provides therapeutic interventions to promote health, independence, and dignity for those living with Alzheimer's, Parkinson's, dementia, stroke, and other conditions. Meals on Wheels and a Ride program are also available.

Senior Services

Santa Clara County Social Services Agency- Adult Protective Services (APS)

333 West Julian St, San Jose

APS 24/7 hotline: (800) 414-2002

Provides protection for frail, elderly and/or dependent adults

Santa Clara County Social Services Agency – Senior Nutrition Program

(408) 755-7680

The county partners with cities and community-based organizations to provide meals, transportation services, and additional resources. Programs include Cafe sites, Meals on Wheels (for homebound seniors), Friends from Meals on Wheels (friendly visits or phone calls to homebound seniors), and transportation services to cafe sites

Santa Clara County Social Services Agency - In-Home Supportive Services (IHSS)

353 W. Julian Street, San Jose

(408) 792-1600

Recipients can get services at home from family, friends, or a provider and IHSS pays for the services. To qualify, you must be blind, live with a disability, or are 65 years or older. You must also have a Medi-Cal eligibility determination - if you do not have Medi-Cal, call (877) 962-3633 for details or to apply

Second Harvest Food Bank – Bing Center, 1051 Bing Street, San Carlos

(650) 610-0800

Food & nutrition program, free groceries, and health screenings

Self Help for the Elderly 50 East 5th Avenue, San Mateo

(650) 342-0822

Provides Alzheimer's care, employment training and placement, nutritional meals, recreational activities, health insurance counseling and advocacy, homecare and hospice, house cleaning, senior housing and social services.

Senior Adults Legal Assistance (SALA) Multiple locations

(650) 969-8656

Free legal services in SS, SSI, Medicare, Medi-Cal, in-home support, elder abuse, housing, care facilities, incapacity planning, health insurance, simple wills and advance directives.

Senior Seasons

(408) 737-2049

A free referral service for seniors and their families to help them evaluate and choose senior housing options. Also provides referrals for elder law, estate sales management, fiduciary, financial planning, geriatric care management, Medi-Cal planning, in-home care givers, and long-term care insurance.

Stevenson House 455 E. Charleston Rd, Palo Alto

(650) 494-1944

Offers affordable, independent housing for low-income seniors.

Stroke and Brain Injury Services at Ability Path

Cubberley Community Center, 4000 Middlefield Rd, Building P, Palo Alto

(650) 509-9530

Offers therapeutic services and programming for people with stroke and brain injuries.

Sourcewise 2115 The Alameda, San Jose

(408) 350-3200

Services include congregate and home-delivered meals, legal aid, transportation, in-home nursing and homemaker care, adult day and adult day health care and case management services.

Tele-Care Service

(650) 988-7558

Free program for older adults who live alone. Volunteers from El Camino Hospital Auxiliary call participants daily at a pre-arranged time to check on their well-being.

Vista Center for the Blind and Visually Impaired 2500 El Camino Real, Palo Alto

(650) 858-0202

Independent living skills, computer training, case management, mental health, transportation, low vision optometry, braille classes

Disability Resources

Assistive Technologies

<u>California Telephone Access Program</u> Provides free specialized phones and accessories to make it easier to hear, dial, and call.	(800) 806-1191
<u>Department of Rehabilitation</u> - San Jose District Office Resources, device loans, low and no cost devices	(408) 277-1355
<u>Parents Helping Parents (PHP)</u> - Assistive technology demonstration and training center	(408) 727-5775
<u>Vista Center for the Blind and Sight Impaired</u> - Assistive technology training	(650) 858-0202
<u>Silicon Valley Independent Living Center</u> Equipment for loan; daily living and mobility aids	(408) 894-9041

Interpretation

<u>Department of Rehabilitation: Deaf and Hard of Hearing Services</u> Services include interpreter services, audiologic and hearing aid assessments, and referrals to specialized agencies.	(916) 558-5670
<u>Deaf Counseling Advocacy and Referral Agency (DCARA): Interpreting Services</u> Provides affordable, qualified interpreters for on-site and video communication.	(510) 722-7004

Employment Assistance

<u>AbilityPath</u> Individual and group placement, and job development	(650) 259-8500
<u>Ada's Cafe</u> Hires and trains employees with disabilities in their cafe and catering services.	(650) 327-2327
<u>California Department of Rehabilitation</u> - San Jose District Office Services include the Supported Employment Program, Career Counseling, and Information and Referral Services for Blind, Deaf and Hard of Hearing, and Disabled persons.	(408) 277-1355
<u>California State Employment Development Department (EDD)</u> Provides access to services so that all job seekers with disabilities receive equal employment opportunities.	(916) 654-7799
<u>Deaf Counseling, Advocacy and Referral Agency (DCARA)</u> Provides deaf and hard of hearing job seekers information, resources, and tools to seek and maintain employment.	(510) 343-6670
<u>Goodwill of Silicon Valley Neurodivergent Pathways</u> Teaches essential personal and workplace skills for those with a two or four year degree and are underemployed or unemployed.	(408) 869-9265
<u>Goodwill of Silicon Valley Expandability</u> Provides individualized employment preparation, life management, job placement, and support services.	(408) 869-9267
<u>Kainos</u> Provides skill building, job placement, and ongoing employment support.	(650) 363-2423
<u>Project Hired: Ability at Work</u> Provides a wide variety of programs including training, resources, and retention support.	(408) 557-0880

Disability Resources

Silicon Valley Independent Living Center (SVILC) (408) 894-9041

Offers independent living skills such as resume writing, interviewing skills, and basic computer skills.

Vista Center for the Blind and Visually Impaired (650) 858-0202

The Independent Immersion Program provides guidance and orientation, adaptive living skills, assistive technology training, and travel training (orientation and mobility).

Legal Services and Advocacy

Disability Rights California - Advocacy and Information on Legal Rights (800) 776-5746

Deaf Counseling, Advocacy and Referral Agency (DCARA) (510) 343-6670

Disability Rights Advocates (DRA) - Advocacy and Legal Services (510) 665-8644

Bay Area Legal Aid - Advocacy and Legal Services (800) 551-5554

San Andreas Regional Center - Advocacy and Diagnostic Services (408) 374-9960

Americans with Disabilities Act (ADA) - Information Hotline for ADA compliance (800) 949-4232

Housing and Rental Assistance

Silicon Valley Independent Living Center (408) 894-9041

Offers referrals for housing opportunities and provides emergency services such as one-time rent and mortgage payment assistance, and move-in costs for rental deposits.

Housing Choice Coalition (408) 498-5777

Works with clients to determine individualized housing plans and helps submit completed housing applications.

Group Residences

Parents and Advocates for Remarkable Children and Adults (PARCA) (650) 312-0730

Offers independent living residences, assisted living residences, and a weekend out-of-home respite care program.

Subsidized Housing in Palo Alto with Wheelchair Accessible Units:

Alma Place - 753 Alma Street (650) 473-9195

Arastradero Park Apartments - 574 Arastradero Road (650) 493-4376

Barker Hotel - 439 Emerson Street (650) 327-5327

California Park Apartments - 2301 Park Boulevard (650) 321-2730

Colorado Park Apartments - 1141 Colorado Avenue (650) 856-9377

Curtner Apartments - 300 and 310 Curtner Avenue (650) 858-2199

Elm Apartments - 129 Emerson Street (650) 858-2199

Lytton Gardens (seniors only, assisted and independent living) - 649 University Ave (650) 617-7373

Oak Court Apartments - 845 Ramona Street (650) 326-3211

Oak Manor Townhouses - 630 Los Robles Avenue (650) 858-2199

Page Mill Court (for developmentally disabled adults) - 2700 Ash Street (650) 322-0194

Sheridan Apartments - 360 Sheridan Avenue (650) 326-1240

Webster Wood Apartments - 941 Webster Street (650) 326-9271

Disability Resources

Independent Living Skills Instruction

<u>AbilityPath</u>	(650) 259-8500
<u>Deaf Counseling, Advocacy and Referral Agency (DCARA)</u>	(510) 343-6670
<u>Greater Opportunities for the Developmentally Disabled</u>	(408) 248-4464
<u>Parents and Advocates for Remarkable Children and Adults (PARCA)</u>	(650) 312-0730
<u>Silicon Valley Independent Living Center</u>	(408) 894-9041
<u>Vista Center for the Blind and Visually Impaired</u>	650-858-0202

Counseling

<u>Silicon Valley Independent Living Center</u> - Individual, family, and group	(408) 894-9041
<u>Vista Center for the Blind and Visually Impaired</u> - Support groups	(650) 858-0202

Rehabilitation/Habilitative Services

<u>AbilityPath</u> - Speech and occupational therapy for youth (ages 0-22).	(650) 259-8500
<u>AbilityPath</u> - Stroke and brain injury services; group and one-on-one sessions.	(650) 509-9530
<u>California Children's Services (CCS), Santa Clara County Public Health</u> For youth (ages 0-21) with certain diseases/diagnosis. CCS has two parts, a Nurse Case Management Program (eligibility process, navigating health systems, referrals) and a Medical Therapy Program (occupational and physical therapy, durable medical equipment consultation).	(408) 793-6200
<u>Santa Clara Valley Medical Center: Rehabilitation Center</u> Rehabilitation services for brain injuries, spinal cord injuries, stroke, and other disabling neurological conditions.	(408) 885-2032
<u>Stanford Medicine Health Care</u> Rehabilitation treatments for many conditions including assistive devices and stroke.	(650) 723-5462
<u>ViaServices: First Step</u> - Speech and occupational therapy for youth (ages 0-10).	(408) 243-7861
<u>Weingarten Children's Center</u> Speech, language, and occupational therapy for children who are deaf or hard of hearing.	(650) 365-7500

Transportation

<u>Access Options, Inc, Palo Alto Office</u> - Mobility van rentals and custom vehicle adaptations	(888) 593-8175
<u>Santa Clara Valley Transit Authority Paratransit</u> Provides paratransit, an exterior door-to-door service, to persons who are unable to independently use local bus or light rails services some or all of the time due to physical, visual, or cognitive disabilities	(408) 321-2380

Disability Resources

Parent Resources

Parents Helping Parents (PHP) (408) 727-5775
Parenting skills development, support groups, workshops, and networking.

Partners and Advocates for Remarkable Children and Adults (PARCA) (650) 312-0730
Programs for youth and adults, support groups, and networking opportunities.

Palo Alto Adult School - Parenting and Family Classes (650) 329-3752
Offers classes in teaching students with autism, ADHD, and other educational areas.

Schwab Learning Center - Children's Health Council (CHC) (650) 617-3800
Offers evaluations and assessments for suspected learning disabilities. Also provides parenting education and workshops.

San Andreas Regional Center (SARC): Santa Clara County Office (408) 374-9960
Service-coordination and free diagnostic evaluations for those living with learning disabilities.

Special Education

AchieveKids - 3860 Middlefield Rd., Palo Alto (650) 494-1200
Operates two private schools, one in Palo Alto and the other in East San Jose, for students with learning disabilities. Enrollment is done through referrals from partnering school districts. Programs include special education, behavioral health, speech and language, and transition services.

Athena Academy - 525 San Antonio Ave, Palo Alto (650) 543-4560
For students in grades 1-8 with dyslexia or twice exceptional (students with a high IQ who also struggle with learning).

Esther B. Clark Schools - 650 Clark Way, Palo Alto (650) 688-3634
A therapeutic day school for children in grades K-10 who struggle emotionally or behaviorally.

Palo Alto Unified School District (PAUSD) Special Education Department (650) 833-4260
Services are provided for eligible students from ages 3 to 22.

Santa Clara County Office of Education Special Education Department (408) 453-6500
Partners with the county's schools to serve students with disabilities from birth to age 22. Operates classes on public school campuses and acts as the Local Education Agency (LEA) for students who attend institutional schools, community schools and pediatric-skilled nursing facilities.

Therapeutic and Recreation Activities

B.O.K Ranch- Therapeutic horseback riding program in Woodside. (650) 366-2265

Catholic Charities Handicapables Program (408) 325-5257
Events for adults with disabilities, based in San Jose.

Easterseals Central California: Camp Harmon (831) 681-2166
An overnight summer camp in Boulder Creek for children with developmental and/or physical disabilities.

Environmental Traveling Companions (ETC) (415) 474-7662
Offers white water rafting, cross-country skiing, and seas kayaking trips to people with disabilities and under-resourced youth. Based in San Francisco with trips in the Bay Area and throughout California.

Disability Resources

- Far West Wheelchair Athletic Association (408) 794-6676
Organizes a wide variety of adaptive sports for individuals of all ages and various physical disabilities, based in San Jose.
- Jewish Family and Children's Services: Shupin Social Club (415) 449-3805
Offers group events for neurodiverse young adults, events are held in the San Francisco area.
- Morgan Autism Center: Adult Day Program (408) 241-8161
Activities and education for adults with autism. Clients referred by the San Andreas Regional Center.
- PARCA Recreational Experiences for all Children (REACH) Summer Program (650) 871-8402
A summer day camp in San Bruno for children with developmental disabilities.
- PARCA Family Support Services (650) 278-1606
Offers recreational activities, services are based in Burlingame.
- Shared Adventures (831) 459-7210
Outdoor recreational activities, overnight camps, and arts activities for people with developmental and/or physical disabilities, based in Santa Cruz. Many activities are free or low-cost.
- Special Olympics Northern California (925) 944-8801
Enriches the lives of children and adults with intellectual disabilities through sports, education, and athlete health.
- Team River Runner - Palo Alto Chapter (207) 266-3544
Adaptive and therapeutic paddling program for veterans, active-duty military, and their families.
- Via Services: Via West (408) 243-7861
Provides residential respite care at a campus in Cupertino for children with disabilities and special needs.
- Vista Center (650) 858-0202
Social clubs and events for the blind and visually impaired, services in Palo Alto and San Jose.

Education: Public Elementary, Middle and High Schools

The Palo Alto Unified School District (PAUSD) operates 12 elementary schools, three middle schools and two high schools.

District Office

25 Churchill Avenue

(650) 329-3700 | www.pausd.org

Elementary Schools:

- Addison - 650 Addison Ave. (650) 322-5935
- Barron Park - 800 Barron Ave. (650) 858-0508
- Duveneck - 705 Alester Ave. (650) 322-5946
- El Carmelo - 3024 Bryant St. (650) 856-0960
- Escondido - 870 Escondido Rd. (650) 856-1337
- Fairmeadow - 500 E. Meadow Dr. (650) 856-0845
- Herbert Hoover - 445 E. Charleston Rd. (650) 320-8106
- Juana Briones - 4100 Orme St. (650) 856-0877
- Lucille M. Nixon - 1711 Stanford Ave. (650) 856-1622
- Ohlone - 950 Amarillo Ave. (650) 856-1726
- Palo Verde - 3450 Louis Rd. (650) 856-1672
- Walter Hays - 1525 Middlefield Rd. (650) 322-5956

Middle Schools:

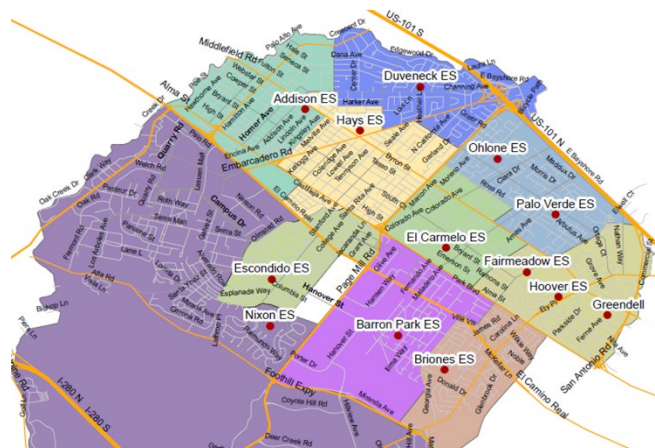
- Ellen Fletcher - 655 Arastradero Rd. (650) 856-9810
- Frank S. Greene Jr. - 750 N. California Ave. (650) 494-8120
- Jane Lathrop Stanford - 480 E. Meadow Dr. (650) 856-5188

High Schools:

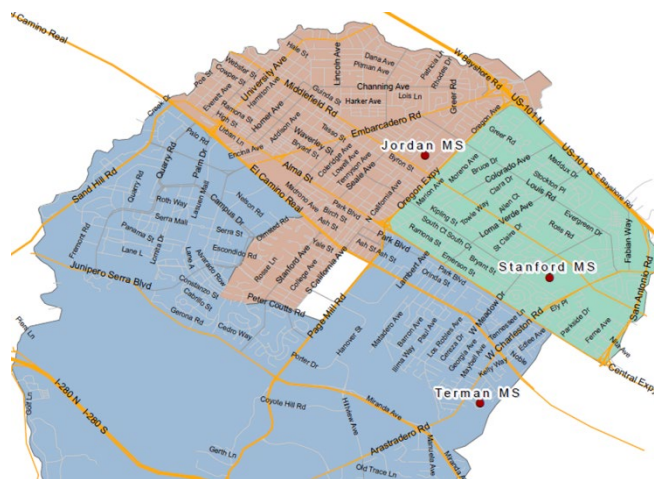
- Henry M. Gunn - 780 Arastradero Rd. (650) 354-8200
- Palo Alto - 50 Embarcadero Rd. (650) 329-3701

Special District Programs:

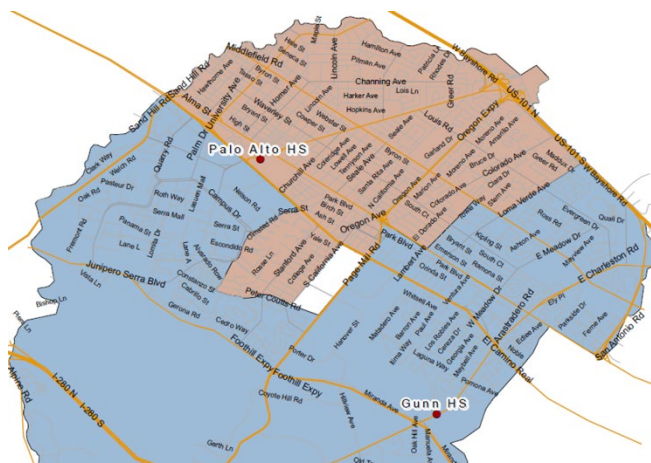
- Greendell School - 4120 Middlefield Rd. (650) 856-0833
Pre-School and Young Fives
- Packard Children's Hospital School (650) 497-8000
725 Welch Rd.
- Palo Alto Adult School (650) 329-3752
50 Embarcadero Rd.
- Alta Vista High School (650) 691-2433
1325 Bryant Ave., Mountain View
- Foothill Middle College (650) 917-8665
12345 El Monte Rd., Los Altos Hills



Elementary School



Middle School



Education: Private Elementary, Middle and High Schools

AchieveKids: Grades K-12

3860 Middlefield Rd, Palo Alto | (650) 494-1200
Special education, placement is through referrals from participating school districts

Athena Academy: Grades 1-8

525 San Antonio Ave, Palo Alto | (650) 543-4560
For children with dyslexia

Beechwood School: Grades K-8

50 Terminal Avenue, Menlo Park | (650) 327-5052

Bowman International School: Grades K-8

4000 Terman Drive, Palo Alto | (650) 813-9131

Castilleja School: Grades 6-12 (all girls)

1310 Bryant Street, Palo Alto | (650) 328-3160

Challenger School: Grades Preschool-8

3880 Middlefield Road, Palo Alto | (650) 213-8245

Cornerstone School: (650) 215-0202

Grades PreK-1: 4243 Manuela Ave, Palo Alto

Grades 2-5: 1985 Louis Rd, Palo Alto

Eastside College Preparatory School: Grades 9-12

1041 Myrtle St, East Palo Alto | (650) 688-0850

For students who will be the first in their families to attend college, offers free tuition

Esther B. Clark School: Grades K-10

650 Clark Way, Palo Alto | (650) 688-3634

Therapeutic day school for kids who struggle emotionally or behaviorally

Fusion Academy: Grades 7-12

2191 E. Bayshore Rd, Suite 100, Palo Alto
(650) 857-0634

German-American International School

Grades: PreK-8

1250 Laurel Street, Menlo Park | (650) 200-3464

Classes held in German and English

Gideon Hausner Jewish Day School: Grades K-8

450 San Antonio Road, Palo Alto | (650) 494-8200

The Girl's Middle School: Grades 6-8

3400 W. Bayshore Road, Palo Alto | (650) 968-8338

Heads Up! Emerson School: Grades PreK-8

2800 W. Bayshore Road, Palo Alto | (650) 424-1267

Hope Technology School: Grades PreK-12

2525 E. Bayshore Rd, Palo Alto | (650) 565-8391

Imagination Lab School: Grades K-8

4050 Middlefield Rd, Palo Alto | (650) 460-8940

Kehillah Jewish High School: Grades 9-12

3900 Fabian Way, Palo Alto | (650) 213-9600

Keys School

Grades K-4: 2890 Middlefield Rd, Palo Alto

(650) 328-1711 ext. 0

Grades 5-8: 3981 El Camino Real, Palo Alto

(650) 328-1711 ext. 1

Living Wisdom School: Grades K-8

456 College Avenue, Palo Alto | (650) 462-8150

Living Wisdom High School: Grades 9-12

4000 Middlefield Rd, K5, Palo Alto | (650) 646-1066

Los Altos Christian School: Grades K-12

625 Magdalena Avenue, Los Altos | (650) 948-3738

Meira Academy: Grades 9-12 (all girls)

3921 Fabian Way, Palo Alto | (650) 485-3589

Menlo School: Grades 6-12

50 Valparaiso Avenue, Atherton | (650) 330-2001

Mid-Peninsula High School: Grades 9-12

1340 Willow Road, Menlo Park | (650) 321-1991

Mountain View Academy: Grades 9-12

360 Shoreline Blvd, Mountain View | (650) 967-2324

Nativity School: Grades K-8

1250 Laurel Street, Menlo Park | (650) 325-7304

Palo Alto Prep School: Grades 8-12

2462 Wyandotte St, Mountain View | (650) 493-7071

Peninsula School: Grades PreK-8

920 Peninsula Way, Menlo Park | (650) 325-1584

The Phillips Brooks School: Grades PreK-5

2245 Avy Avenue, Menlo Park | (650) 854-4545

Education: Private Elementary, Middle and High Schools

Pinewood School

Grades K-2: 477 Fremont Ave, Los Altos
(650) 209-3050

Grades 3-6: 327 Fremont Ave., Los Altos
(650) 209-3030

Grades 7-12: 26800 Fremont Road, Los Altos Hills
(650) 209-3010

Sacred Heart Preparatory School: Grades PreK-12

150 Valparaiso Ave, Atherton | (650) 322-1866

Saint Elizabeth Seton School: Grades K-8

1095 Channing Avenue, Palo Alto | (650) 326-9004

Saint Raymond's School: Grades K-8

1211 Arbor Road, Menlo Park | (650) 322-2312

Stratford School: PreK-8

870 N. California Ave, Palo Alto | (650) 770-1685

Silicon Valley International School

Grades PreK and 6-12: 475 Pope St, Menlo Park
(650) 324-8617

Grades K-5: 151 Laura Ln, Palo Alto | (650) 251-8500
Programs in Chinese, French, and German

Trinity School

Grades K-8: 2650 Sand Hill Rd, Menlo Park
(650) 854-0288

Grades PreK and transitional Kindergarten:
330 Ravenswood Ave, Menlo Park | (650) 322-2628

Tru Elementary School: Grades K-5

1295 Middlefield Road, Palo Alto | (650) 469-3656

Waldorf School of the Peninsula

Grades PreK-5: 11311 Mora Drive, Los Altos
(650) 209-9400

Grades 6-12: 180 N. Rengstorff Ave, Mountain View
(650) 417-7600

Education: Colleges, Universities, and Adult Education

Colleges:

<u>Cañada College</u> - 4200 Farm Hill Blvd., Redwood City	(650) 306-3100
<u>De Anza College</u> - 21250 Stevens Creek Blvd., Cupertino	(408) 864-5300
<u>Foothill College</u> - 12345 El Monte Road, Los Altos Hills	(650) 949-7777
<u>Foothill College Sunnyvale</u> - 1070 Innovation Way, Sunnyvale	(408) 745-8000
<u>Menlo College</u> - 1000 El Camino Real, Atherton	(800) 543-3753

Universities:

<u>San Francisco State University</u> - 1600 Holloway Avenue, San Francisco	(415) 338-1111
<u>San José State University</u> - 1 Washington Square, San Jose	(408) 924-1000
<u>Santa Clara University</u> - 500 El Camino Real, Santa Clara	(408) 554-4000
<u>Stanford University</u> - 450 Serra Mall, Stanford	(650) 723-2300
<u>University of California, Berkeley</u> - 2207 Piedmont Ave, Berkeley	(510) 642-6000
<u>University of California, Santa Cruz</u> - 1156 High Street, Santa Cruz	(831) 459-0111
<u>University of California, Santa Cruz Ext</u> - 3175 Bowers Ave, Santa Clara	(408) 861-3700

Adult Education:

<u>Avenidas: Learning and Leisure</u> - 450 Bryant St, Palo Alto	(650) 289-5436
Continuous learning for seniors, classes include fitness, art, and social clubs	
<u>Job Train</u> - 1200 O'Brien Drive, Menlo Park	(650) 330-6429
Provides career training at no cost in high-demand fields	
<u>Mountain View Adult School</u> - 333 Moffett Blvd, Mountain View	(650) 940-1333
Offers classes for personal and career development, includes GED and career technical education	
<u>Palo Alto Adult School</u> - 50 Embarcadero Road, Palo Alto	(650) 329-3752
Provides classes for parents, job seekers, travelers, hobbyists, and others who want to expand their skills	
<u>PVI Little House</u> - 800 Middle Avenue, Menlo Park	(650) 326-9547
Fitness classes, art activities, educational lessons and more for older adults	

English as a Second Language (ESL):

<u>Language Pacifica</u> - 824 San Antonio Road, Palo Alto	(650) 880-9029
<u>Job Train</u> - 1200 O'Brien Drive, Menlo Park	(650) 330-6429
<u>Mountain View Adult School</u> - 333 Moffett Blvd, Mountain View	(650) 940-1333
<u>Palo Alto Adult School</u> - 50 Embarcadero Road, Palo Alto	(650) 329-3752
<u>Palo Alto City Library</u> - 270 Forest Ave, Palo Alto	(650) 838-2931
<u>Sequoia District Adult School</u> - 3247 Middlefield Rd, Menlo Park	(650) 479-1754

Health Care Services

Information & Services:

AIDS Community Research Consortium (ACRC) - 850 Douglas Ave, Redwood City (650) 364-6563
Provides education on HIV/AIDs treatments, local resources, group classes, individual counseling, and referrals to other agencies.

Bay Area Cancer Connection - 1511 S. Claremont Street, San Mateo (650) 326-6686
Provides personalized information, education, and care services to people affected by breast and ovarian cancer.

County of Santa Clara: Public Health Department - 976 Lenzen Ave, San Jose (408) 792-5040
Works to prevent disease and injury, promote healthy lifestyles, create healthy environments, and advocate for policy and systems changes. Services include information and referral, public health pharmacies, STD and HIV testing and support, and California Children's Services (CCS).

The Health Library at Stanford - Hoover Pavilion, 211 Quarry Rd., Suite 201, Palo Alto (650) 725-8400
Provides scientifically based medical information to help people make informed decisions about their health and health care. All services are free and provided for by the Stanford University Hospital.

The Health Trust - 3180 Newberry Drive, Suite 200, San Jose (408) 513-8700
Provides case management, care coordination, and food assistance to low-income individuals living with HIV/AIDS. Provides housing services to people living with HIV/Aids and formally homeless individuals.

Clinics:

Ravenswood Family Health Center: MayView Palo Alto Clinic - 270 Grant Ave, Palo Alto (650) 330-7400
Provides comprehensive Primary Care, Behavioral Health, Optometry, Chiropractic, and Dental services. Under and uninsured patients are welcome, sliding scale payments available.

Foothill College: Dental Hygiene Clinic (650) 949-7335
12345 El Monte Rd, Bldg. 5300, Room 5312, Los Altos
Provides low-cost patient services as a learning experience for the Dental Hygiene students, under the supervision of a licensed dentist. Insurance cards not accepted, Medi-Cal patients get a 50% adjustment for teeth cleaning only.

Peninsula Healthcare Connection - Opportunity Center, 33 Encina Ave, Palo Alto (650) 853-0321
Offers free healthcare and wellness services for people experiencing homelessness and low-income households. Insurance is not required, however private insurance, Medi-Cal, and Medicare insurance are accepted.

Planned Parenthood of Mountain View - 2500 California Street, Mountain View (650) 948-0807
Provides affordable reproductive health care to individuals with or without insurance.

RotaCare Bay Are: San Jose Clinic - 100 Oak Street, San Jose (408) 715-3088
Free medical services for minor injuries/illness, physical exams, gynecological, and referral services.

Stanford Medicine: Arbor Free Clinic - 114 Fifth Ave., Redwood City (650) 724-1332
Provides transitional health care at no charge to underserved population on Sundays from 8-10 am on a first-serve basis. Clients are referred to resources for long-term care.

Emergency Rooms:

El Camino Health: Mountain View Emergency Room - 2500 Grant Rd, Mountain View (650) 940-7055

Stanford Medicine:
Marc and Laura Andreesen Adult Emergency Department - 1199 Welch Rd, Palo Alto (650) 723-5111
Pediatric Emergency Department - 900 Quarry Road Extension, Palo Alto (650) 723-5111

Health Care Services

Specialty Care:

Lucile Packard Children's Hospital at Stanford - 725 Welch Rd, Palo Alto (650) 497-800
Offers the full range of medical and surgical services for infants, children and adolescents and pregnant women.

Pathways Home Health, Hospice and Palliative Care - 585 N. Mary Ave, Sunnyvale (888) 978-1306
Offers home health, hospice, palliative care, bereavement support, and veteran services.

U.S. Dept. of Veteran Affairs: Palo Alto VA Medical Center - 3801 Miranda Ave, Palo Alto (650) 493-5000
Provides primary care and specialty health services to veterans.

Health Insurance:

Bay Area Legal Aid: Health Consumer Center (855) 693-7285
Provides independent consumer assistance for health care access, including counsel to help people enroll in public and private health insurance programs. Also addresses problems with medical bills and receiving care.

County of Santa Clara Department of Social Services: Medi-Cal (408) 758-3800
Determines eligibility for Medi-Cal, a public health care program for California residents with low income

County of Santa Clara Healthcare Access Program (HAP) (866) 967-4677
Offers emergency and other medically necessary services and supplies at low or no cost to qualified patients. Patients with a family income below 650% of the Federal Poverty Level and with high out-of-pocket medical expenses may be eligible.

Covered California - Offers private health insurance coverage at federally subsidized rates (800) 300-1506

Gardner Health Services: Certified Enrollment Counselors (669) 444-5468
Counselors help people (including undocumented persons) to understand their health care options by determining eligibility and determining if people qualify for low or no cost health insurance. Provides enrollment services for: Santa Clara Family Health Plan; Assistance for Infants and Mothers; Preferred Provider Organization Health Plans; Valley Health Plan; Healthy Families; Healthy Kids; Primary Care Access Program; Anthem Blue Cross Partnership Plan; Medi-Cal Access Program; Covered California; Medi-Cal; Cal Fresh; and 2nd Harvest Food Bank

Health Insurance Counseling and Advocacy Program (HICAP)
Santa Clara County HICAP services provided by Sourcewise (408) 350-3200
Sourcewise provides residents of Santa Clara County access to one-on-one counseling to assist Medicare beneficiaries, their families, and caregivers in understanding their Medicare benefits and healthcare options

Santa Clara Valley Medical Center - MedAssist Program (408) 970-2001
Provides financial assistance for people with valid prescriptions for the following medications: diabetes medications, asthma inhalers, epinephrine auto-injectors (EPI pens).

Habilitative and Rehabilitation Services:

AbilityPath - Speech and occupational therapy for youth (ages 0-22) (650) 259-8500

AbilityPath - Stroke and brain injury services; group and one-on-one sessions (650) 509-9530

California Children's Services (CCS), Santa Clara County Public Health (408) 793-6200
For youth (ages 0-21) with certain diseases/diagnosis. CCS has two parts, a Nurse Case Management Program (eligibility process, navigating health systems, referrals) and a Medical Therapy Program (occupational and physical therapy, durable medical equipment consultation).

Health Care Services

Pathways Home Health Services: Rehabilitation at Home (888) 978-1306

Provides physical, occupational, and speech therapy to help patients regain their former level of function.

Santa Clara Valley Medical Center: Rehabilitation Center (408) 885-2032

Rehabilitation services for brain injuries, spinal cord injuries, stroke, and other disabling neurological conditions. Accepts Medicare, Medi-Cal, Health Maintenance Organizations (HMOs), Commercial Worker's Compensation, California Children's Services (CCS), and private pay.

Stanford Medicine Health Care (650) 723-5462

Rehabilitation treatments for many conditions including assistive devices and stroke. Accepts most major health insurance carriers, including Medi-Cal and Medicare.

U.S. Department of Veteran Affairs: Palo Alto VA Medical Center (650) 493-5000

Respite & hospice care, caregiver assistance, sight loss rehabilitation, therapy & treatment programs.

ViaServices: First Step - Speech and occupational therapy for youth (ages 0-10). (408) 243-7861

Weingarten Children's Center (650) 365-7500

Speech, language, and occupational therapy for children who are deaf or hard of hearing.

Mental Health and Counseling Services

Hotlines:

California AIDS Hotline	(800) 367-2437
Crisis Line – Bill Wilson Center	(408) 850-6125
Domestic Violence and Sexual Assault YWCA Crisis Line	(800) 572-2782
National Runaway Safeline	(800) 786-2929
Suicide and Crisis Line	9-8-8



Services:

AACI: Behavioral Health Services

(408) 975-2730

Offers linguistically and culturally sensitive behavioral health services. Referrals through the Santa Clara County Behavioral Health Services Call Center (800) 704-0900.

allcove Palo Alto

(650) 798-6330

Serves youth ages 12-25 by providing mental health, physical health, substance use support, peer and family support, and education and employment services.

Adolescent Counseling Services (ACS)

(650) 424-0852

Crisis Intervention, Direct Counseling, On-Campus Programs at Middle & High Schools, Outpatient Substance Abuse Counseling, LGBTQIA+ Support and Advocacy.

Avenidas: Care Partners

(650) 289-5438

Elder Care Consultations, Case Management, Individual and Family Counseling, Family Caregiver Support Groups, Information and Referral Services, and Community Presentations.

Bill Wilson Center: Youth and Family Mental Health Services

(408) 243-0222

Services for youth experiencing behavioral and/or mental health issues. Available for children, adolescents and adults up to age 21 and their families who have full scope MediCal insurance as their primary insurance provider.

Center for Children and Youth - A division of Jewish Family and Children's Services

(888) 927-0839

Offers a full range of childhood assessment and diagnostic testing, and subsequent actions plans, for development and mental health challenges. Clinical services include Child and Family Therapy, Child and Adolescent Psychiatry, Occupational Therapy, and School and Learning Challenges.

Children's Health Council

(650) 688-3625

Counseling & Intervention for infants and youth with emotional, behavioral, and learning challenges. Services also include screenings for Autism/Kindergarten Readiness/Speech-Language/Fine Motor Skills, evaluations for concerns related to Autism/Anxiety/Depression/ADHD/Learning Challenges, educational services to help children and teens adapt to challenges in the classroom, and a parent resource center.

Community Health Awareness Council

(650) 965-2020

Offers many different kinds of mental health services and psychotherapy for children, adolescents, adults, older adults, and couples as well as psychological assessment services for children, adolescents and adults. Services are provided on a sliding scale.

Counseling and Support Services for Youth (CASSY)

(408) 493-5289

On-campus individual, family and group counseling sessions, crisis intervention and treatment, proactive mental health education and peer mediation, free of charge. Provides school staff with training on mental health issues and support staff in handling issues. Provides parent education and community outreach.

County of Santa Clara Behavioral Health Services

(800) 704-0900

The Behavioral Health Call Center is the entry point to all Santa Clara County behavioral health services. Services for individuals and families include behavioral health urgent care, emergency psychiatric services, inpatient and outpatient services, community mobile response team, substance use services, suicide crisis and prevention, and a behavioral health navigator program.

Mental Health and Counseling Services

Family and Children Services of Silicon Valley

(650) 326-6576

Individual and family counseling for children, teens and adults in the areas of depression, anxiety, trauma, relationships, and other emotional and mental health concerns - sliding fee scale services are available. Also offers services in family violence and abuse prevention, substance use disorder, LGBTQ support and counseling, and school-based services. Provides specialized services for children and adults who are deaf or hard-of-hearing.

Gronowski Center (Palo Alto University)

(650) 961-9300

Counseling, psychotherapy, and assessment services for adults, children, adolescents, older adults, couples and families on a sliding scale fee basis. Services are provided by doctoral-level student therapists under the close supervision of licensed clinical psychologists. Includes specialty services for the LGBTQ and LatinX communities.

La Selva Group - Associated with Momentum for Health

Outpatient Admissions (650) 617-8349 | Residential Admissions (650) 323-1401 | Community Clinic (650) 617-8350
Accepts self-referrals and is in network with many insurance providers and will also work with out of network providers. Programs available are Functional Neurologic Symptom Disorder (FND) Track, free of charge
Community Clinic, Outpatient Services, Supportive Housing, Dual Recovery, and Residential Services.

Momentum for Health

info@momentumforhealth.org

Services are provided through referral only. Referrals accepted from the County of Santa Clara Behavioral Health Call Center (800-704-0900), case managers, or a care provider. Services include Youth Acute Outpatient Program, Youth Drop-In Center, Adult Outpatient Program, Adult Acute Outpatient Program, Addiction Treatment, Intensive Outpatient Program, Adult Residential Treatment, Crisis Residential Treatment, and Supportive Services.

Peninsula Healthcare Connection

(650) 853-0321

Offers free healthcare and wellness services for people experiencing homelessness and low-income households. Behavioral health services include individual counseling, referrals to case management and other resources, substance abuse disorder treatment, and psychiatric medication management.

REACH (Raising Early Awareness and Creating Hope)

(855) 273-2248

Associated with Momentum for Health and Starlight Community Services - Provides intervention and prevention services for individuals, aged 10-25, who are at risk for or experiencing early psychosis. Services include psycho-education for the community, phone and in-person consultations, multi-disciplinary assessments, individual and family counseling, crisis management, medication management, and occupational therapy.

Grief Support:

Bill Wilson Center: Centre for Living with Dying

(408) 243-0222

Provides emotional support for people facing life-threatening illness or the trauma of having a loved one die.

HAND (Helping After Neonatal Death) of the Bay Area

(650) 367-6993

Support and information to bereaved parents, their families and friends. Offers Grief Support Group Meetings, Early Pregnancy Loss Support Group Meetings, Subsequent Pregnancy Support Group Meeting, and Parenting After Loss Support.

Kara

(650) 321-5272

Provides emotional support needed by persons dealing with loss by offering one-to-one counseling, grief support groups, grief therapy, crisis response, support at end-of-life, caregiver support and grief education and training.

Resources:

NAMI (National Alliance on Mental Health Illness) of Santa Clara County

(408) 453-0400

The Help Desk is a free peer-support service providing support, information, and resource referrals to people living with mental health conditions, their family members, caregivers, mental health providers and the public.

Project Safety Net

(650) 460-8302

Provides resources and mobilizes community support for youth suicide prevention and mental wellness.

Palo Alto Service Clubs

American Association of Retired Persons

(AARP-Chapter 5151)
Campbell Community Center
Room Q80
1 W. Campbell, CA 95008
(408) 379-7820

American Association of University Women (AAUW-Palo Alto Branch)
P.O. Box 60653, Palo Alto CA 94306
E-mail: info@aauw-paloalto.org
www.aauw-paloalto.org

Junior League of Palo Alto/Mid-Peninsula

555 Ravenswood Avenue, Menlo Park
650-321-5026
E-mail: info@thejuniorleague.org
www.thejuniorleague.org

Kiwanis-Palo Alto

P.O. Box 149, Palo Alto 94302
650-862-0652
Meeting: Thursday 12:10pm
Sheraton Hotel – 625 El Camino Real
<http://www.palo-alto.kiwanisone.org/>

League of Women Voters

3921 East Bayshore Road, Suite 209
650-903-0600
<http://www.lwvpaloalto.org>

Lions Club (Host)-Palo Alto

President: Don Douglas
PO Box 976, Palo Alto 650-857-1284
Meetings: 1st, 2nd, 3rd Tuesday of the month
University Club of Palo Alto – 3277 Miranda Ave
<http://e-clubhouse.org/sites/paloalto/>

Rotary - Palo Alto

PO Box 592 Palo Alto CA 94302
Meetings: Mon 12:15-1:30pm at
Elks Lodge No 1471, 4249 El Camino Real, Palo Alto
<http://www.rotarypaloalto.org>

Rotary Club – University

P.O. Box 760, Palo Alto, CA 94302
650-227-0925
E-mail: info@universityrotary.org
Meetings: Fri 7:30am at
Sheraton Hotel, 625 El Camino Real, Palo Alto
<http://www.universityrotary.org>

Toastmasters International

(14 locations in Palo Alto; see online for details)
<http://www.toastmasters.org>

Woman's Club of Palo Alto

475 Homer Ave,
650-321-5821
www.womansclubofpaloalto.org
E-Mail: president@paloalto.womansclub.org

Palo Alto Neighborhood Associations

Adobe Meadow Neighborhood Assn.

Contact: Arthur Keller
Email: info@AdobeMeadow.org
www.adobemeadow.org

Barron Park Assn.

Contact: John King
Email: president@BPAPaloalto.org
www.BPAPaloalto.org

Charleston Gardens

Contact: Jean Wilcox
Email: wilcox757@sbcglobal.net

Charleston Meadows Resident Assn.

Contact: vacant
Email:

Charleston Village HOA

Contact: Scott Petersen
Email: scottpetersen@gmail.com

College Terrace Residents' Assn.

Contact: John Cook
Email: amesfelixcook@yahoo.com
www.collegeterrace.org

Community Center Neighbors Assn.

Contact: Peter Allen
Email: pma94301@comcast.net

Crescent Park Neighborhood Assn.

Contact: Tom Rindfleisch
Email: tcr.sumc@gmail.com

Downtown North Neighborhood Assn.

Contact: Pat Markevitch
Email: pat@magic.com

Duveneck—St. Francis Neighborhood Assn.

Contact: Jeff Levinsky
Email: jeff@levinsky.org

Evergreen Park Neighborhood Assn.

Contact: Bob Entriken
Email: rentrike@epri.com
www.epna.palo-alto.ca.us

Fairmeadow Neighborhood Assn.

Contact: Len Filppu
Email: lenfilppu@earthlink.net

Greenacres I

Contact: vacant
Email:

Green Acres II

Contact: Jim Colton
Email: james.colton10@gmail.com

Greendell Neighborhood Assn.

Contact: Srinu Sankaran
Email: admin@greendell.org

Greenhouse HOA

Contact: Lee The
Email: bizthe@comcast.net

Greenmeadow Community Assn.

Contact: Elizabeth Alexis
Email: elizabeth@alexis-palmer.com
www.greenmeadow.org

Leland Manor

Contacts: Esther Nigenda
Emails: enigenda1@gmail.com

Mayfield

Contact: Terry Holzemer
Email: holz@sonic.net

Meadow Park

Contact: Peter Taskovich
Email: ptaskovich@yahoo.com

Midtown Residents Assn.

Contact: Sheri Furman
Phone: 650-321-1280
Email: midtownnews@att.net
www.midtownresidents.org

Miranda Neighbors

Contact: Don Nielson
Email: nielsonz@pacbell.net

Monroe Park

Contact: Linnea Wickstrom
Email: ljwickstrom@comcast.net

Old Palo Alto Neighborhood Assn.

Contact: Nadia Naik
Email: nadianaik@gmail.com

Palo Alto Neighborhood Associations

Palo Alto Central Association

Contact: Terry Holzemar

Email: holz@sonic.net

Palo Alto Hills Neighborhood Assn.

Contact: Mark Nadim

Email: paloaltohillsna@gmail.com

www.pahna.org/

Palo Alto Orchards

Contact: vacant

Email:

Palo Verde Residents Assn.

Contact: Boris Foelsch (interim)

Email: borisfoelsch@gmail.com

Southgate Neighborhood Watch

Contact: Jim McFall

Email: wmjmcfall@yahoo.com

Triple El Neighborhood

(Elsinore Dr., Elsinore Ct., El Cajon Dr.)

Contact: Dana Wong

Email: danapaly82@gmail.com

University South Neighborhoods Groups

Contact: Elaine Meyer

Email: meyere@concentric.net

Ventura Neighborhood

Contact: Becky Sanders

Email: rebsanders@gmail.com

<https://venturapaloalto.org/>

Walnut Grove Homeowners Assn.

Contact: Vipul Vyas

Email: vipul.vyas@gmail.com

For more information on Palo Alto Neighborhoods
visit <https://paneighborhoods.org>

Quick Reference Directory

City Phone List

Palo Alto
(650) 329-2100

East Palo Alto
(650) 853-3100

Los Altos
(650) 947-2700

Los Altos Hills
(650) 941-7222

Menlo Park
(650) 330-6600

Mountain View
(650) 903-6300

Portola Valley
(650) 851-1700

Redwood City
(650) 780-7000

Sunnyvale
(408) 730-7500

Santa Clara County Departments

Adult Protective Services
(408) 755-7600

Aging & Adult Services
(408) 755-7600

Behavioral Health Services
(800) 704-0900

Child Support Services
(866) 901-3212

Employment & Benefit Services
(408) 758-3800

Family Services Center
(408) 793-8800

Report Child Abuse
(833) 722-5437

Report Elder Abuse
(408) 975-4900

Social Services Agency
Administration
(408) 755-7100

Key City of Palo Alto Numbers

Police/Fire/Paramedics 911

Animal Services (650) 496-5971

Building Inspection
(650) 329-2496

Use & Occupancy Permits
(650) 329-2496

City Attorney (650) 329-2171

City Clerk (650) 329-2571

City Manager (650) 329-2392

Fire Department (650) 329-2184

FEMA Flood Zones
(650) 329-2295

HR – Employment
(650) 329-2376

Human Services (650) 463-4906

Library (650) 329-2436

Palo Alto Art Center
(650) 329-2366

Parking Permits (650) 329-2317

Parking Citations
(650) 329-2252

Planning Department
(650) 329-2441

Police Non-Emergency
(650) 329-2413

Property Ownership/Address
(650) 329-2496

Public Works (650) 329-2151

Real Estate Division
(650) 329-2264

Recreation Services
(650) 463-4900

Trees (650) 496-5953

Utilities (650) 496-6914

Zero Waste (650) 496-5910

Wildlife Rescue (650) 494-7283

Non-City Agencies

SCC = Santa Clara County

Better Business Bureau
of Silicon Valley
(408) 278-7400

SCC Clerk Recorder: Birth,
Marriage, Death Certificates and
Marriage Licenses
(408) 299-5688

Palo Alto Chamber of Commerce
(650) 324-3125

Department of Motor Vehicles
Mountain View Branch
(650) 623-3200

Palo Alto Airport
(650) 329-2444

Palo Alto Unified School District
(650) 329-3700

Post Office - Palo Alto Branch
(650) 321-1423

Red Cross of Silicon Valley
(877) 727-6771

SCC Registrar of Voters
(866) 430-8683

SCC Small Claims Court
(408) 882-2100

SCC Tax Assessor
(408) 299-5500

SCC Traffic Court
(408) 556-3000

24-Hour Hotlines

Suicide Prevention & Crisis
9-8-8

Bill Wilson Center Crisis Line
(408) 850-6125

Disaster & Emergency
Information
2-1-1