



COMMUNITY RESOURCES FOR THE UNHOUSED



HYGIENE

RESTROOMS - CITY PARK LOCATIONS

Open daily from approximately dawn to dusk

- **El Camino Park** (155 El Camino Real)
- **Greer Park** (1098 Amarillo Ave)
- **Hoover Park** (2901 Cowper St)
- **Juana Briones Park** (Clemo Ave & Maybell Avenue)
- **Mitchell Park** (600 E Meadow Dr)
- **Peers Park** (1899 Park Blvd)
- **Rinconada Park** (777 Embarcadero Rd)
- **Stanford Palo Alto Playing Fields** (2353 El Camino Real)
- **Seale Park** (3100 Stockton Pl)

BATHROOMS- CITY PARKING GARAGE LOCATIONS

Open 24 hours a day

- **Bryant/Lytton Garage** (445 Bryant St)
- **High/Alma South Garage** (525 High St)



SHOWERS/LAUNDRY

LifeMoves Opportunity Services Center

33 Encina Ave, Palo Alto

Showers and Laundry open. Monday-Friday, 8 a.m.-4 p.m.



SHELTER HOTLINE

n **Here4You:** Need Shelter? Call **408-385-2400** 7 Days a week, 9 a.m. – 7 p.m. to request temporary housing services. Please leave a message if all lines are busy and someone will call you back.



OTHER RESOURCES & INFORMATION

LifeMoves Opportunity Services Center

33 Encina Ave, Palo Alto Monday - Friday, 8 a.m. – 4 p.m.

Breakfast & lunch, bus passes, case management, classes, coffee & snacks, free showers & laundry, computers & Wi-Fi, emergency utilities & rental assistance, lockers, mailbox services, permanent housing assistance, shelter referrals, toiletries. Call **650- 853-8672** or visit www.lifemoves.org

Peninsula HealthCare Connection

33 Encina Ave, Palo Alto

Monday - Friday, 8 a.m. – 5 p.m. Free primary, preventative and mental healthcare. Please call **650-853-0321** to schedule an appointment.

MayView Community Health Center

270 Grant Ave., #102, Palo Alto

Monday, Wednesday, Thursday, Friday – 8 a.m. – 5 p.m., Tuesday 10 a.m.– 5 p.m. (4th Tues 1 – 5 p.m.)

If you have a medical question/concern, please call their main appointment line at **650-330-7400**.

DO NOT go to a MayView clinic without an appointment.

<https://ravenswoodfhn.org/contact-us>

Ravenswood Family Health Center

1885 Bay Rd, East Palo Alto

Monday, Wednesday, Thursday – 8 a.m. – 7 p.m.

Tuesday – 9:30 a.m. – 7 p.m. (4th Tues 12:30 p.m. – 7 p.m.). Friday – 8 a.m. – 5 p.m., Sat – 8 a.m. – 1 p.m.

Call **650-330-7400**. No appointment necessary for TB tests. Screening at entrance: make sure to let people know you are there to get TB screening for a shelter. Dentistry also available.

<https://ravenswoodfhn.org/contact-us>

CONTINUED ON OTHER SIDE

WeHOPE 1858 Bay Rd, East Palo Alto Daily, Entry at 4:30 p.m. Dinner at 7 p.m. Call **650-330-8000** or visit www.wehope.org for information on shelter & meals.

Heart & Home Collaborative

Seasonal Shelter for Women (open winter months) - During times of operation and in need of shelter, you or a case manager working on your behalf can contact **650-600-1555** or by email at info@hhcollab.org

Move Mountain View

Safe Parking Program.
2672 Baysore Parkway Ste. 910, Mountain View
If you need a safe place to park, contact MOVE Mountain View offices at **650-861-0181**.
www.Movemv.org

Karat School Project

Assists families living in RV's, including providing educational resources and other essential items. For information, go to <https://theksp.org>



CRISIS HOTLINE/RESOURCES

If you or someone you know is in immediate danger, please call 911.

- Suicide & Crisis Lifeline: Dial 9-8-8
- 24/7 Domestic Violence Hotline: (408) 279-2962



Groceries and Hot Meals

Downtown Food Closet

All Saints Church, 425 Hamilton Ave, Palo Alto
Mon, Tues, Wed, Fri 10 a.m. – 2:30 p.m.
Thursday 10a.m. – 12 p.m. and 1 – 2:30 p.m.
Operated by Peninsula Healthcare Connection
650-325-3663

South Palo Alto Food Closet

Covenant Presbyterian Church, 670 E. Meadow Dr, Room 9, Palo Alto **(650) 494-9310**
Available by appointment, email
southpaloaltofoodcloset@gmail.com

Lifemoves Opportunity Center 33 Encina Ave, Palo Alto
Monday-Friday Breakfast 8:30-10:30 a.m. and Lunch 12:30-2 p.m.

La Comida: Senior's Only Meal Program (ages 60 plus)
650-322-3742 www.lacomida.org

- **Stevenson House** 455 East Charleston Road, Palo Alto
Monday-Friday 11:15 a.m. - 12:15 p.m.
- **First United Methodist Church** 625 Hamilton Ave, Palo Alto. Monday-Friday 11:45 a.m. - 12:15 p.m.

Second Harvest Foodbank

Contact **1-800-984-3663** for a list of local free hot meal and grovery providers. Text "GETFOOD" to **408-455-5181**.
Email getfood@shfb.org or visit www.shfb.org

SERVICES BROUGHT TO YOU BY THESE LOCAL PARTNERS



Heart and Home Collaborative



LifeMoves



www.paloalto.gov/unhoused