

**2024 Safe Routes to School Core Education Programs**

Program	Provider	Basic Skills Covered	Scheduling Process	Number of Participants	Instructional Minutes/Class	Impact
<b>Kindergarten</b> Pedestrian Safety	Ecology Action	<ul style="list-style-type: none"> <li>• Crossing at crosswalks</li> <li>• Looking left-right-left</li> <li>• Stopping at stop signs</li> </ul>	Ecology Action meets with the school secretary to schedule	601	45	% Elementary School Students Walking & Biking = 42%* (2021)  * <u>Source</u>
<b>1st Grade</b> Pedestrian Safety	Ecology Action	<ul style="list-style-type: none"> <li>• Crossing at crosswalks</li> <li>• Looking left-right-left</li> <li>• Stopping at stop signs</li> </ul>	Ecology Action meets with the school secretary to schedule	651	45	
<b>2nd Grade</b> Pedestrian Safety	Ecology Action	<b>On-street walking field trip</b> <ul style="list-style-type: none"> <li>• Real world practice of safe street-crossing</li> </ul>	Ecology Action meets with the school secretary to schedule	692	60	
<b>3rd Grade</b> Bicycle Life Skills	City/Stanford Injury Prevention/Palo Alto Medical Fdn./Palo Alto PD/Stanford Public Safety/Ecology Action/League Cycling Instructors/Silicon Valley Bike Exchange. PAUSD Educator	<b>Two (2) in-class lessons + Bike Rodeo</b> <ul style="list-style-type: none"> <li>• Helmets, bike fit, bike safety check</li> <li>• On-street riding</li> <li>• Hand signals</li> <li>• Scanning left over shoulder</li> <li>• Safety in intersections</li> <li>• Exiting a driveway</li> <li>• Stopping at stop signs</li> </ul>	Ecology Action meets with the school secretary to schedule	728	270	
<b>5th Grade</b> Bicycle Refresher	Ecology Action	<ul style="list-style-type: none"> <li>• On-street and intersection safety</li> <li>• Pack riding</li> <li>• Stopping at stop signs</li> <li>• Roundabout safety, bike box use, bike boulevard riding</li> <li>• Dismounting for pedestrians in tunnels and on bridges</li> <li>• Bike safety gear: lights, baskets and racks, inclement weather</li> <li>• Winter bike safety tips</li> </ul>	Ecology Action meets with the school secretary to schedule	734	50	
<b>6th Grade</b> Back to School Bicycle Safety Orientation	Designated PAUSD Educators for Fletcher Tiger Camp, Greene Jaguar Journeys and JLS Panther Camp.	<ul style="list-style-type: none"> <li>• Riding on streets with parked cars and avoiding the "Door Zone"</li> <li>• Courteous riding on shared paths</li> <li>• Shoulder check (scanning)</li> <li>• Left turns</li> <li>• Riding in a pack</li> <li>• Review of helmet fit</li> <li>• Route planning</li> <li>• Winter bike safety tips</li> </ul>	City provides yearly updates to presentation slides then shares with designated educator	771	60	

% Middle & High School Students Biking = 51.5%\* (2021)  
  
\*Source

Safe Routes to School Supplemental, Opt-In and Pilot Education Programs					
Program	Provider	Status	Basic Skills Covered	Number of Participants	Instructional Minutes per Class
Middle School Bike Skills (opt-in program)	Wheelkids Inc.	Offered for Summer, 2024	<ul style="list-style-type: none"> <li>Classroom and on-bike safety education from Wheelkids for students and parents teaching the fundamentals of safe on-street riding</li> </ul>	35	300
Eighth Grade Getting to High School Event	Museum of Tomorrow/Secondary PTA-Sponsored Bike Rides	Not offered for 2024	<ul style="list-style-type: none"> <li>Bike safety review: riding on the right, left turns, hand signals, be visible and predictable</li> <li>Proper bike locking</li> <li>Ear bud and phone use</li> <li>Proper helmet fit</li> </ul>	808	60
Adaptive Bike Rodeo Pilot	PAUSD Adaptive PE Teacher Roxanne Koopman/Bay Area Outdoor Recreation Program	Not offered for 2024	<ul style="list-style-type: none"> <li>Proper use of adaptive bicycles</li> </ul>	25	60

Source: Office of Transportation, June 2024

To view course materials for any of the lessons/assemblies listed, please contact [SafeRoutes@CityofPaloAlto.org](mailto:SafeRoutes@CityofPaloAlto.org).